# Meeting Barnet CHILDREN'S PARTNERSHIP BOARD Date and time Thursday 2ND MARCH, 2023 At 4.30 PM Venue Virtual MEETING - ONLINE

To: Members of Barnet CHILDREN'S PARTNERSHIP BOARD (quorum 3)

Chair: Chris Munday

Pauline Coakley Webb E Burton-Lee E Waters Tony Vourou J Baines-Holmes M Serrao B Thomas G Bradley C Posen N Marlow L Longworth L Robinson C McCarthy J Matthewson E Rosen J Kellv S Sands R Morris

S Curran T Howarth M Miah C Spybey

### **Substitute Members**

S Olusanya D Bezalel C Collier J Osbourne N Taylor V Wicks

In line with the Constitution's Public Participation and Engagement Rules, requests to submit public questions or comments must be submitted by 10AM on the third working day before the date of the committee meeting. Therefore, the deadline for this meeting is Monday 27 February 2023 at 10AM. Requests must be submitted to Emma Powley, Governance Services Manager Emma.Powley@Barnet.gov.uk

You are requested to attend the above meeting for which an agenda is attached.

### **Andrew Charlwood – Head of Governance**

Governance Service contact: Emma Powley, Governance Services Manager Emma.Powley@Barnet.gov.uk

Media Relations Contact: Tristan Garrick 020 8359 2454 Tristan.Garrick@Barnet.gov.uk

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# **Order of Business**

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## **Barnet Children's Partnership Board**

# Minutes of the meeting held 4.30 pm on 9 November 2022 ENDA ITEM 2 Virtual meeting - Online

# **Board Members present:**

•	
Chris Munday	Executive Director for Children's Services
Councillor Tony Vourou	Vice-Chair of Children, Education & Safeguarding
_	Committee
Ben Thomas	Assistant Director Education, Strategy and Partnerships
Lee Robinson	Commissioning Strategy & Policy Advisor
Emma Burton-Lee	Senior Communications & Campaigns Manager
Graig Bradley	Inspector - Safer Schools and Youth Engagement,
	Metropolitan Police Barnet
Neil Marlow	Director of School Improvement and Traded Services
	(BELS)
Tal Berman Howarth	Chair, Barnet Parent Carers Forum
Chaya Posen	Head of Noam Primary
Liz Longworth	Head of Northside School
Sarah Sands	Garden Suburb Infants

### 1. Welcome

The Chair welcomed Members of the Board to the meeting. They noted that Item 5, the Young People's Perception Survey – Focus Groups Feedback would be taken first. This was to support the Young Members who were due to arrive later for the My Say Matters item.

# 2. Minutes of Previous Meeting

RESOLVED that the minutes of the meeting held on 13 July 2022 be agreed as a correct record.

### 3. Absence of Members

Apologies were received from Jess Baines-Holmes who was substituted by Victoria Wicks on behalf of North Central London Integrate Care Board.

Apologies were received from Janet Matthewson from Young Barnet Foundation.

Apologies were received from Rebecca Morris who was substituted by Liz Shaw supporting the young members present. Apologies had been given for some young members, including for lateness, in advance of the meeting.

Apologies were given by Councillor Tony Vorou, who had to leave partway through the meeting.

Apologies were given by Martin Serrao due to school matters.

### 4. Young People's Perception Survey - Focus Groups Feedback

The Officers noted that the main report on the Young People's Perception Survey had been presented to the last meeting. Working with these results they had undertaken a series of workshops to unpack the areas where people with specific charactererstics such as disabled young people or carers were less satisfied and to better understand the differences in their experiences. This had included looking at drivers and causes with targeted demographic samples. Overall they felt that it was a positive area to live, but had identified areas which needed to be built on. For example a concern had been raised by young people who felt that sometimes schools were unfair to victims in how they dealt with some issues, in particular around the reporting of hate crimes.

Recommendations arising from this work were around how the partners could deepen their understanding of the issues and take a holistic approach. Officers would be using this information with other insights and data sets to improve outcomes. This had already highlighted the need to look at the support given to schools on sensitive issues, for example racism and homophobia, the support for those with disabilities and mental health and to improve awareness of the support that the Council already provides. Officers were looking to build on the "My Say Matters" brand to help engage and build relationships with young people.

Board Members felt that it was important that this be referred for consideration to the SEND Partnership Board and other partners. The Chair noted that there was work around children and adults with disabilities as well as with their carers in the form of new ethnographic research. There was a project in the "Meeting the Gaps Workstream" to collect information and also undertake a number of case studies following individuals to get a better insight. This would be starting in the New Year and a project board was in place.

The Board noted that the Officers hoped to continue their engagement with the young people who had taken part and it was noted that the Parent and Carers Forum could be a valuable partner.

### **ACTION:**

- 1. Officers to make direct contact with the Parent and Carers Forum to look at future links.
- 2. Young People's Perception Survey results to be referred to the SEND Partnership Board.

### 5. My Say Matters

The Chair welcomed the Youth Ambassadors and the Members of the UK Youth Parliament to the Barnet Children's Partnership Board. The young people provided a brief report on their attendance at the annual sitting of the UK Youth Parliament (UKYP) in the House of Commons. This was used by UKYP to help set the priorities for the year with a decision being made to focus on health and wellbeing and in particular the impact of the cost of living on health.

One of the Members of the Youth Parliament (MYP) talked about their work to support minority groups in schools and how they hoped to speak at the Education

directors Board. They had also championed this at a young peoples conference in Hull.

The other MYP reported that their focus continued to be on knife crime, mental health and climate change. They had been working with the Metropolitan Police and engaging schools about how these issues could be addressed.

One of the Youth Ambassadors was also looking at mental health issues and raised concerns that young people sometimes felt unable to speak to teachers. There was additional pressure around exam stress. It was noted that there were issues around accessibility and the perception that resources were only made available in extreme situations, this had led to some failing to engage.

The Chair queried Members of the Board where these priorities sat with regards to current work streams. In response it was noted that although cost of living was being considered, there was no specific paper related to the concerns and impact on young people. Work was being done through the Healthy Schools and Resilient Schools frameworks but could be reviewed. It was noted that the feeling from young people of not being listened to had been picked up in Ofsted reports and would be explored. The Young people were invited to present to the Secondary School Heads Forum to help improve their reach. The Police noted that the were also looking to improve their work diverting young people and three officers assigned to this in Barnet and were keen to look at ways of engaging.

### **ACTION:**

- 1. The Barnet Children Partnership Board to recommend to the Health and Wellbeing Board to review the Cost of Living and its impact on young people.
- 2. The youth people to liaise with the Secondary School Heads Forum around presenting to a future session.

### 6. Education Strategies

The Head of School Improvement and the Director of SEND and Inclusion presented the update to the education strategies. The work was monitored by the Schools and Settings Partnership Board with priorities coming from a range of sources such as Ofsted, research data, Department for Education Guidance and the Barnet Partnership Board for example. These were then used to help focus how they provided support to schools.

Potential areas for consideration included early year settings where phonics which had dipped in Barnet and also how vulnerable children, including those with SEND and other needs, were supported. The strategies were considered to be dynamic documents which met local needs and would be presented to a number of forums including the BELS Board. This helped them to engage with school governors, the leadership teams and schools as a whole.

The recent inspection of SEND services locally had highlighted a number of positives and strengths. There was a need to improve access to therapy and this was being

reviewed at a North Central London level due to inequalities across the boroughs. This would be considered as part of a longer-term plan around the universal offer.

The response time for EHCP request and assessments were above both the London and national average but Officers were keen to do more. There were a high level of SEND Tribunal Appeals, however many were resolved before a formal tribunal was held and they were looking at how to provide better support earlier to help resolve issues earlier in the process. There were also looking at how to provide more good quality services that could be delivered closer to home with high quality local placements. A SEND Green Paper was also being prepared which would influence how the service was delivered.

Members of the Board commented that the partnerships in Barnet added real strength locally. It was noted that the issue of mental health and exam mental health that had been raised earlier in the meeting by young people should be considered. The representatives from the Parent Carer Forum were keen to look at the issues around SEND Tribunal appeals.

### **ACTION:**

- 1. To consider how mental health and exam mental health are incorporated into the strategies.
- 2. Parent Carers Forum to be engaged in the work around SEND Tribunal Appeals.

# 7. NCL Start Well Programme for Children and Young People

Officers from North Central London provided a presentation that gave an overview of the research being undertaken for the NCL Start Well Programme for Children and Young People. The research had focused on hospital based children and young people. The first stage was about making the case for change through establishing a research and evidence base. They were had then moved through engagement and developing best practice care models and were now looking to finalise recommendations prior to any changes being implemented.

The engagement work with stakeholders had included making use of local forums, youth summits as well as statutory, voluntary and third sector partners in the area. This had highlighted the need for safe and supportive care with access to specialists. Participants had highlighted the need to be seen quickly with supportive and understanding communication made with them. There was a high level of support for the opportunities for improvement that had been identified through the process and the aim was to continue engagement during the implementation as part of an ongoing conversation. They had identified three categories for change opportunities and were working towards the adoption of a recommendation decision for change.

The Board queried the geographical area covered by the research and whether this would lead to changes in the services at the Royal Free and in High Barnet. The Officers responded that their research had covered all services in North Central

London. The specific changes were still being identified and no recommendation for changes to the current configuration had been made.

A Member of the Board noted that it would be useful to look at how the residents and respondents were reached and the possible links which could be used as they were currently in the process of creating a Residents' Panel.

The Chair thanked the Officers for their presentation and requested that they come back to the Board once they had recommendations so that they could look at how it would impact young people in Barnet.

### **ACTION:**

NCL Start Well Programme for Children and Young People to come back to the Barnet Children's Partnership Board to present recommendations.

## 8. Life Chances Strategy

The Commissioning Strategy & Policy Advisor provided an update to the Board. Good progress had been made since the last report against the four priorities:

- 1. Strengthening families and early years
- 2. Developing resilience and improving education
- 3. Developing equal opportunities
- 4. Targeting support

The Chair noted that this would be good to share with the Senior Leadership Team to help identify areas for improvement and change across the authority.

### **ACTION:**

Life Chances Strategy to be presented to the Barnet Council Senior Leadership Team meeting.

### 9. List of abbreviations

The list of abbreviations was noted.

### 10. Forward Work Programme

The Board were invited to send suggestions for inclusion in the Work Programme at any time to the Chair.

The Forward Work Programme was noted.

# 11. Any Other Business

There was none.

The meeting finished at 5.59 pm





# BARNET FAMILY SERVICES CHILD AND FAMILY EARLY HELP STRATEGY 2023 - 2027

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# Our Mission Statement

Our multiagency partnership believes that every child has the right to a healthy, happy childhood. We are committed to ensuring all children living in Barnet have equal opportunities to learn, play, participate and thrive. It is our mission to create an Early Help system of support that is designed with and for children, young people and families in our borough; a system that understands and responds to local needs and builds on the strengths of our local schools, communities and services. We will do this using our resilience-based approaches and by working effectively together to improve outcomes for all children in Barnet.



# WHAT IS EARLY HELP?

Early Help is not a single service but a network of services and professionals who can work separately and together to provide support when children, young people and their families need it. Our services aim to ensure that help is provided as early in the life of a problem as possible, so problems do not get worse.

Agencies providing early help services, include Children's Centres, GP's, midwives, school nurses, health visitors, housing providers, Barnet Family Services, sexual health, drug and alcohol services, nurseries, childminders, speech and language therapists, Barnet Education & Learning Service, schools and colleges, police, mental health services, adult services and voluntary, community, faith and social enterprise providers.

# 1. INTRODUCTION

Welcome to Barnet's 0-19 Early Help Strategy 2023 -2027. It has been developed by the multi-agency partnership working in the borough in collaboration with children, families, local communities and Barnet's political leaders. Our strategy sets out our shared vision, values and ambition for every child, from pre-birth to adulthood and beyond, to be healthy, happy and to thrive. Using our shared knowledge and experience and informed by research and evidence about child development and what works in early intervention, we have produced this strategy to provide a framework for delivery of Early Help Services in the borough

We have agreed on some basic principles that underpin the way in which we work, these are:

- All children and families have strengths that we can help them build upon
- Every child can reach their potential when agencies work well together
- Our services should, where possible, be close to where children live and go to school
- Professionals should know the communities they are supporting well
- Children, young people and families should have a say in how we deliver services
- There is 'no wrong door' to getting help
- Families should get the right help, first time
- children and families should not have to tell 'their story' to multiple professionals, multiple times
- We will improve children's life chances by supporting their health and wellbeing and that of their families

"Providing Early Help is more effective in promoting the welfare of children than reacting later. Early Help means providing support as soon as a problem emerges, at a point in a child's life, from the foundation years through to the teenage years. Early Help can also prevent further problems arising, for example, if it is provided as part of a support plan where a child has returned home to their family from care."

# 2. LOCAL CONTEXT



With 402,700 residents, we have the largest population in London, with the population of children projected to reach 101,875 by 2025. 47,000 are young people aged 10 -19 years



In 130 schools; 52% of primary and 38.2% of secondary school pupils speak English as an additional language. There are 182 languages spoken in schools across the borough



48% of the borough population are from racially minoritized backgrounds rising to 52% in the child population compared to 30% across England



The borough has lower levels of deprivation than most other London Boroughs, although a fifth of young people aged 10-19 years live in the most deprived parts of the Borough.



The percentage of children at secondary school in receipt of free school meals is in line with the national average of 13.1%, in nursery and primary the percentage of Barnet children receiving free school meals is higher at 16.7% against 14.5% nationally



20% of children in Barnet are obese, which is slightly higher than the national average of 18.2%

Levels of excess weight in children in reception and Year 6 has remained around 19% and 34% respectively, which is slightly lower than both London and England



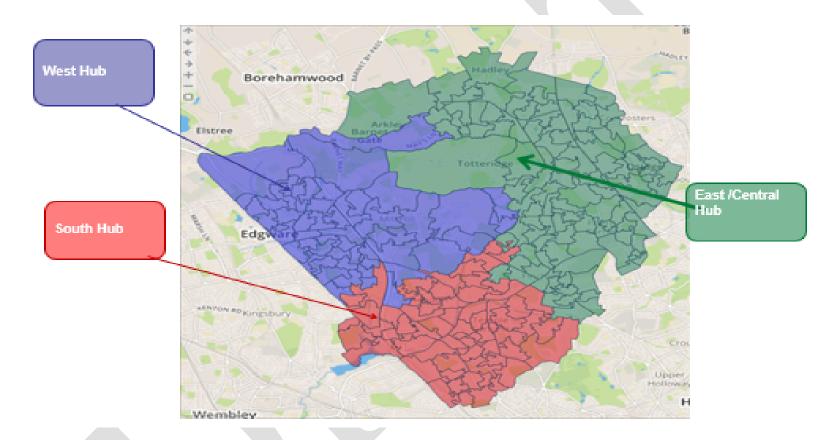
3,189 Education Health and Care Plans (EHCPs), increasing by 28% in during 2018 - 2021; lower than the national average of 33.2%.

3.4% of pupils in schools in Barnet have an EHCP, compared with 3.7% of all pupils in schools in England.



9.6% of pupils in Barnet are identified with SEN Support, compared to 12.1% in England

# 3. CHILD AND FAMILY EARLY HELP HUBS



Barnet has three Child and Family Early Help Hubs and a number of satellite buildings where we offer a range of preventative and early help support for children and families. You can walk in, call, and speak with GPs and schools for advice on how to access the support services offered. This includes midwifery, health visiting, breast feeding, parenting support, positive activities, mental health support, welfare advice, groupwork programmes, welfare advice and a range of other services. Our hubs are linked to local schools, GP's and other community-based services. Contact details for the 0-19 Early Help Hubs can be found on the last page. Barnet also has 14 libraries offering a wide range of early help support for children and families. This includes access to physical and digital resources for learning and leisure, information and signposting to other services and a comprehensive programme of creative and educational activities and events. Library buildings provide public spaces to spend family time and quiet space to study.

# 4. EARLY HELP VISION

Barnet's Early Help Vision is based on our aim for the borough to have resilient children, resilient families and a resilient children's workforce. We believe through our approach:

# Children, Young People and Families will be:

- ✓ Supported to make changes for themselves.
- ✓ Able to get the right services first time and at the right time.
- ✓ Supported to thrive from pre-birth, throughout their childhood and into adulthood

# Supported by Skilled professionals that:

- ✓ Are accessible, responsive and care about what they do.
- ✓ Are innovative and creative in their approaches to practice
  - ✓ Are well-trained, supported and advocate for equality.
    - ✓ Work together to get it right

# **Enabled and equipped by:**

- Clear governance that involves children and families, putting them at the heart of how we plan, deliver and monitor the effectiveness of service
- ✓ A clear resilience-based practice framework which includes tools such as Signs of Safety and systemic practice as approaches that build on families' strengths.

# **5.** PRE-BIRTH AND EARLY YEARS (0-5 years)

# **Our priorities**

In Barnet we are committed to ensuring every child gets the best start in life, from pregnancy through to the time they start school and grow into adulthood. Through the universal midwifery service, healthy child programme and children centre offer we aim to reach every baby, child and family and provide help and support to improve their life chances. To achieve our vision, we are committed to building on current delivery in the following ways:

To have Early Help services accessible to all families

Ensuring that working in partnership with parents and carers is at the centre of everything we do

Deliver a wide range of parenting programmes and support

Children are accessing quality early years provision

Ensure information, services and opportunities are provided at the right time

Through supporting home learning and child/adult attachment

Providing an inclusive service delivery that supports children with special educational needs or a disability

To deliver Family Support which respects, values and thinks about the need of the whole family

Further develop the links between education, health and early help

Meeting childcare sufficiency and providing families quality-assured childcare options

All children are supported to access free early years education offer

Supporting children to be ready to start school

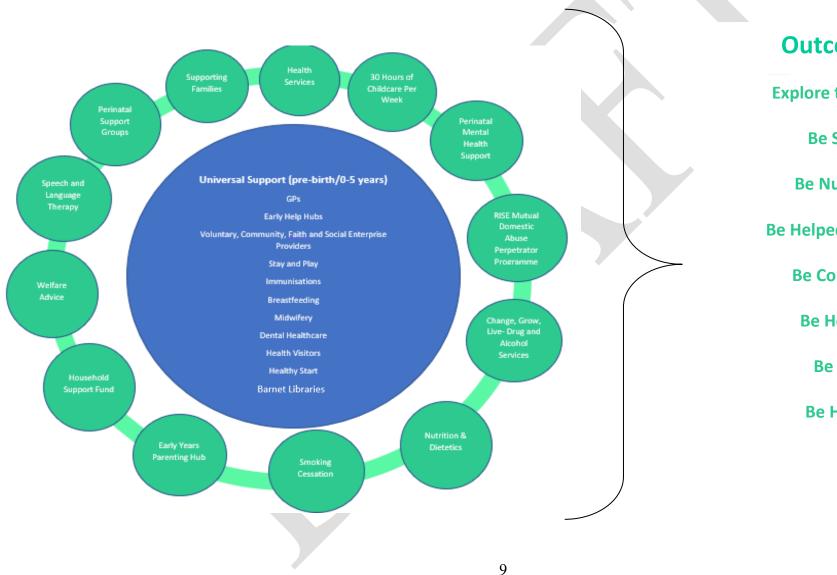
Perinatal health and wellbeing support provided to all expectant parents

Improving vaccination uptake rates

Offering families advice to achieve financial stability

To ensure delivery of appropriate services based on local demography and needs analysis

The services below set out how we will deliver our vision and meet our priorities, ensuring all children in their early years have the opportunity to achieve positive outcomes. Whilst children with additional needs may not achieve these exact outcomes, the outer ring of additional support is there to help all children and young people to reach their potential.



# **Outcomes**

**Explore the World** 

**Be Social** 

**Be Nurtured** 

**Be Helped to Thrive** 

**Be Confident** 

**Be Healthy** 

**Be Safe** 

**Be Happy** 

19

# PRIMARY (5-11 years)

We are committed to ensuring that the primary years are a stage at which all children are able to thrive, discover their talents, develop healthy friendships and achieve. Through this strategy we will work together to deliver the below priorities

Early identification and support of special educational needs and disabilities

Children have the tools to build resilience, friendships and trusted relationships

Supporting emotional wellbeing and good mental health

Offering families advice to achieve financial stability

Providing opportunities for play, positive activities and social development

Providing inclusive services that supports all children's needs including special educational needs and disabilities

Further developed links between education, health and primary-age support services

All primary-aged pupils to have access to a quality school placement and supported to be ready for secondary school

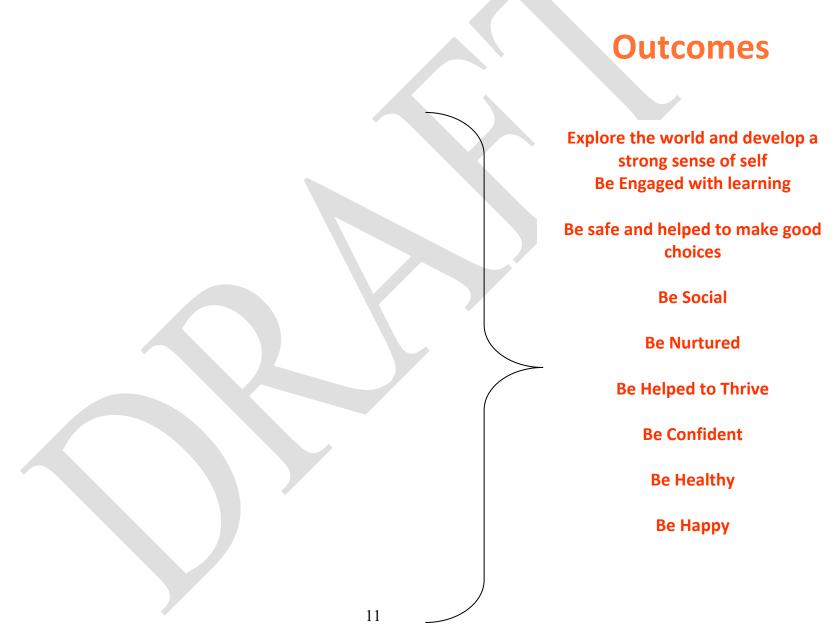
Promoting healthy family relationships

Promoting healthy lifestyles and addressing health inequalities

All children are safeguarded by all partners regardless of educational setting

Healthy Weight
Management and preventing
childhood obesity

The services below set out how we will deliver our vision and meet our priorities, ensuring all children of primary school age have the opportunity to achieve positive outcomes. Whilst children may not achieve these exact outcomes, the outer ring of additional support is there to help with additional needs to reach their full potential.





# **SECONDARY**

# (11-16 years)

In Barnet, we are committed to providing support that recognises and responds to the complex task of adolescence. We want to ensure that all children are supported to positively transition from primary to secondary education and are equipped with the skills they need to develop and maintain healthy, positive friendships and relationships and interests. We want to ensure young people in Barnet have access safe spaces where they can build resilience, build a positive sense of identity and have opportunities to participate and engage in preparation for further education, training and employment. Through this strategy we will work together to ensure children aged 11 – 16 years:

Early identification and safeguarding young people from exploitation

To recognise and develop Healthy Relationships

Support young people as they mature into adulthood

Young people are safeguarded from harm

**Encouraged to be** aspirational and achieve

Making sure services are accessible and available to all children including SEN disabilities

We will address structural racism and inequalities

Reduce exclusions and criminalisation of racially minoritized children

For young people to have safe spaces to express themselves freely and engage in positive activities

We will listen and involve you in decisions about our services

Supporting emotional wellbeing and good mental health

Young people have the tools to build resilience, friendships and trusted relationships

Young people are able to make safe and healthy choices with the support of trusted adults

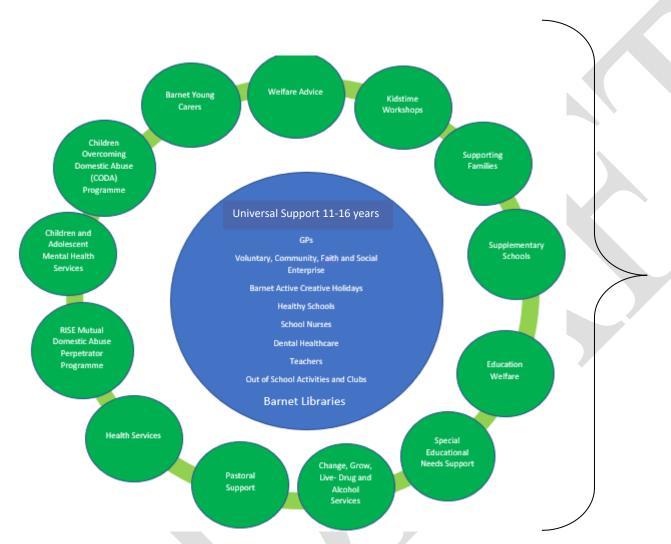
Young people are helped to problem solve safely

Tackling period poverty

Offering families advice to achieve financial stability

The services below set out how we will deliver our vision and meet our priorities, ensuring all children of secondary school age have the opportunity to reach their potential and achieve positive outcomes. Whilst secondary aged young people may not achieve all of the below outcomes, the outer ring of support is there to help young people with additional needs to reach their full potential.

**Outcomes** 



# **POST-16 SUPPORT (16-25)**

In Barnet, we are committed to providing support to adolescents to enable them to prepare for adulthood and ensure that they are supported to successfully transition into adulthood. Through this strategy we will work together to ensure young people aged 16+ years

Have the resilience to build good mental health and a positive sense of identity

Be social and have relationships

Explore the world and challenge skills and abilities

Reach their educational and academic potential

Be safe and helped to make good choices

**Be Healthy** 

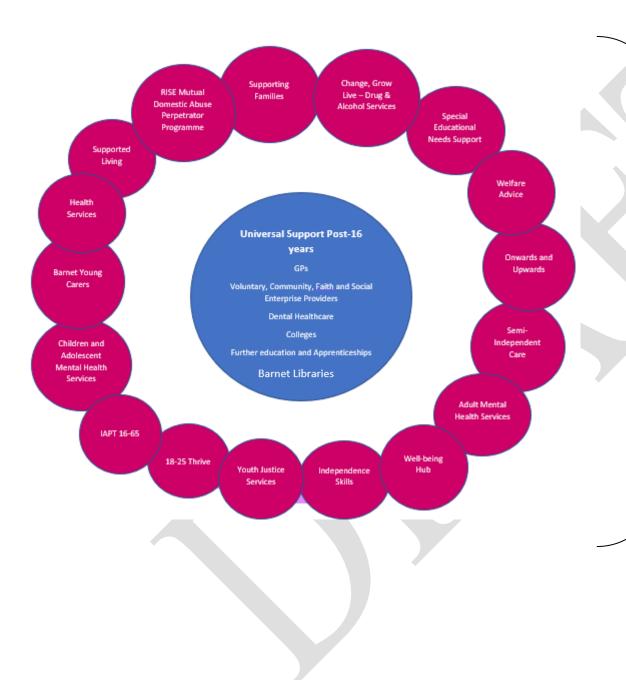
**Be Nurtured** 

Be Confident Be Happy

Early-identification and safeguarding of vulnerable adolescents	Preventing child- exploitation and understanding lived & contextual experiences	Fully-supported young peopl at all points of transition	e Adolescents that are safe and secure at home, at school and out within the community
Information, services and opportunities are provided at the right time	Equal opportunities for Barnet's young people to achieve	Providing an inclusive service delivery that supports adolescents with special educational needs or a disability	e Co-production and engagement with young people
Further develop the links between education, police, health and adult social care	Adolescents with an understanding of healthy and safe relationships	All adolescents in Barnet have the tools and resilience to build and maintain positive mental health	
Adolescents with the resource and understanding to make healthy choices	Addressing health inequalities	Areas of unmet need are addressed through tailored services	Offering advice to achieve financial stability

The services below set out how we will deliver our vision and meet our priorities, ensuring all adolescents and young people aged 16-25 years have the opportunity to reach their potential and achieve positive outcomes. Whilst adolescents and young adults may not achieve all of the below outcomes, the outer ring of support is there to help young people with additional needs to reach their full potential.

around their physical health and wellbeing



# **Outcomes**

Have the resilience to maintain good mental health and a positive sense of identity

Encouraged and supported to access training and employment and/or explore further / higher education

Be social and have good relationships

Explore the world and challenge skills and abilities

Be safe and able to make good choices

**Be Healthy** 

**Be Nurtured** 

**Be Confident** 

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# 6. VALUES, PRINCIPLES & THE WAY WE WORK

We believe that children and young people are best supported by people they know and trust and that supporting and nurturing relationships are essential to health and wellbeing. We know that most Early Help is provided by families, friends, neighbours, and communities, and this is central to our strategy as we are committed to recognising the value of these informal support networks and supporting them to and our local community-based professionals (both paid and volunteers) to continue providing support. We will work with local communities and extended support systems together with local partners, including health services, police, voluntary sector, educational settings, housing, and Local Authority services to provide early support to children and their families that build resilience, prevents difficulties from escalating and leads to better outcomes and positive changes that are sustained. This can only be achieved if all partners work together with families and their networks towards goals that are developed in partnership with children, young people and their families.

It is important, that the moment a need for help and support is recognised, a professional has a conversation with the child/family and their support network about that need or concern to explore what it looks like and how it affects the child's life, as well as what the important people in the child's life are doing to help keep them happy and safe. When there is a need for the multi-agency partnership to work together to meet a need, a professional will work in agreement and partnership with the family to complete an Early Help Assessment.

Early Help Assessments help us listen to families and guide our work with them. During an assessment we will gather, share and make sense of information with families so that we can make decisions together. We use tools, like the one below, to capture the thoughts, worries and aspirations of children and families and work in an open and honest way to find solutions together



# **Our Principles for working with families:**

- Children are at the centre of all we do
- Listening to children and families and valuing their input
- Building on strengths as well as identifying the difficulties.
- Identifying the right support on the first time
- Open and honest communication

When we identify that a family needs support from more than one agency we will start a Team Around the Family (TAF) process. This is where all the people who care about or are working with a child form a team that works together to help support them. One professional will take the lead and ensure that services are co-ordinated and working effectively towards the change that is needed for the child and family. The lead professional can be any professional working with the family and who is part of the Team Around the Family, they will act as a single point of contact for the child and their family throughout the period of assessment and support. They will work closely with the child and family to ensure everyone is clear on how, when and where support will be provided.<sup>1</sup>

Barnet's Early Help System is committed to ensuring the secure protection of the personal information of the children, young people and families we work with. We have strong processes in place, upheld by compulsory GDPR training for all of our staff to ensure that we remain GDPR compliant, and that children and families in Barnet are kept safe.



# 7. HOW WE WILL WORK

We will work together across the Early Help Partnership to ensure information is shared that enables us to understand the needs of our child population. We will use this information to develop integrated and coordinated services. For children's needs to be well understood and for the right help to be provided at the right time, it is our expectation that all agencies working with children exercise and model positive and proactive curiosity about what life is like for children and young people living in and going to school in the borough. We are committed to ensuring our services and practice are anti-racist and inclusive. We recognise that not all children have the same opportunities, so we expect that all professionals working with children in Barnet provide challenge to systems and practices that do not promote equity and equality for all children in the borough.

Safeguarding is the responsibility of every professional and we take this responsibility seriously, we will work to ensure children at risk of harm are promptly identified and their circumstances improved.

We believe that delivering services close to where children live and go to school is the best way to meet local need. We will ensure our 0-19 Child & Family Help Hubs and our satellite buildings such as schools and health centres are accessible to local families and responsive to local needs. Our integrated approach aims to support early identification of need and risk and will enable services to develop whole system early intervention approaches that prevent the need for escalation to statutory intervention and/or social or educational exclusion and poor health outcomes.

We will work in partnership with local voluntary, community, faith and social enterprise (VSFSE) providers and leaders to ensure when we are planning to make changes or decisions to our services to ensure local voices influence the design and delivery approaches. We want our services to be free of stigma and accessible to established and new communities living in the borough, by ensuring barriers caused by language, immigration and social economic status are removed so everyone feels valued and welcome. To do this, our practitioners will engage with local community groups and faith leaders developing mutual understanding and trust, be culturally competent and deliver inclusive services and we will develop a one stop shop approach in each of our localities so families can receive advice and be signposted to the right help quickly without waiting for a referral

We want children and young people to be actively engaged in services that promote their emotional wellbeing, pro-social behaviour, social and educational inclusion, and we want them to be safe at home, in school and in the community. We will ensure our children's workforce has access to training and support that enables practitioners to swiftly identify the signs that a child or young person might need our help, we will promote our

resilience-based practice approaches to ensure we are all working with children and young people in ways that build on their strengths, involve them in assessments, planning and decision making and keeps them safe. We will support our workforce to be resilient. We will ensure information about our services is available in schools, GP surgeries, community settings and on digital platforms so everyone knows what we are doing, where we are doing it and how to access our services. We will encourage participation and co-production with children, young people and families, so they can share their feedback, tell us what we are doing well and what we need to do better. We will work openly and transparently and be accountable for the services we deliver.

# **Further Reading**

# Further Reading:

<u>Supporting Families: early help system guide</u> – Outlines a national vision and descriptors for a mature early help system that is shared by Department for Levelling Up, Housing and Communities and Department for Education.

<u>Early years high impact area 2: Supporting maternal and family mental health</u> – Public Health England guidance updated in 2021 detailing the significance of familial and maternal mental health on the wellbeing of children and young people and providing direction and instruction on the roles of health visitors and the healthy child programme in encouraging and supporting improved mental health and wellbeing.

<u>School-aged years high impact area 1: Supporting resilience and wellbeing</u> – Public Health England guidance updated in 2021 establishing the

resilience and wellbeing of children and young people as a 'significant public health priority'.

No child left behind: A public health informed approach to improving outcomes for vulnerable children - Reports for local government and their partners to inform their co-ordinated approaches to reduce vulnerability and adversity in childhood.

Growing up in the Covid-19 pandemic: An evidence review of the impact of pandemic life on physical development in the early years – An Early Intervention Foundation review of emerging international and UK evidence on seven key factors associated with children's early physical health and development, and the extent to which the consequences of the Covid-19 pandemic (such as lockdowns and social distancing) have impacted on these factors and affected children's early physical development, including children from low-income and UK ethnic minority families

# **APPENDIX 1. Local Strategies for Children's Services**

<u>Barnet's Children & Young People Plan 2019 – 2023</u> – The plan captures the priorities, needs and aspirations of the local population and sets out how, together, we can make Barnet an enjoyable place for children and families to live

<u>Barnet's Education strategy 2021 - 2024</u> 'Barnet is well known for the excellent quality of its schools and settings and the diversity of its educational offer. These are at the heart of Barnet's continuing success as a desirable place where people want to live, work and study'.

<u>Joint Health and Wellbeing Strategy 2021 – 2025</u> 'The Barnet Joint Health and Wellbeing Strategy sets out our vision for improving the health and wellbeing of the people who live, study and work in Barnet'.

<u>Barnet Life Chances Strategy 2020 – 2024</u> 'We will work to improve young lives and increase their opportunities to succeed. The strategy is underpinned by our family friendly vision that is focused on making Barnet the most family friendly borough in London and a better place for all families to live'

<u>Barnet Vulnerable Adolescents Strategy 2022 - 2025</u> – 'Safeguarding children and young people from the psychological and physical arm caused by sexual and criminal exploitation and involvement in gangs and serious youth violence remains a core priority for the Barnet Safeguarding Children Partnership (BSCP)'

<u>Barnet SEND and Inclusion Strategy 2021-2024</u> builds on the recent achievements and progress already made and includes a focus on minimising the impact of the Covid-19 pandemic on children and young people with SEND and their families

<u>Barnet Infant Feeding Strategy 2021-2025</u> sets out the direction to support agencies and the public, Borough wide, to protect, promote, support and normalise breastfeeding.

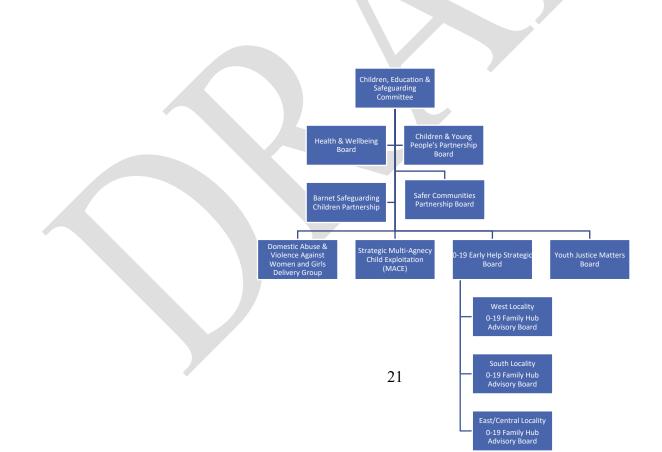
<u>Barnet's Youth Justice Plan 2022 -2024</u> - This plan sets out the ambition for Youth Offending Services in Barnet, the YOS service structure, governance arrangements, resources and partnership arrangements.

<u>SEND Self-Evaluation January 2022-</u> Barnet's multiagency early help partnership has 'embraced the SEND reforms that came into effect in2015 and there is an established partnership across the local area to plan, review and implement measures to deliver the child-centred and family-centred services envisaged in the Children and Families Act 2014 and statutory guidance.'

<u>Corporate Priorities 2021 – 2025</u> - 'We are committed to strengthening families and early years as the early years are critical to longer term outcomes and life chances. We need to ensure that all groups can access opportunities in order to improve life chances for all and so we will target support to those that are most disadvantaged'

# **Appendix 2: Governance**

This strategy will be monitored by the multiagency partnership of the 0-19 Early Help Strategic Board which meets quarterly. The Family Hub Advisory Boards in each locality is comprised of local partner agencies and parent representatives, the Advisory Boards report to the 0-19 Early Help Strategic Board. As early help services includes prevention of crime and violence, there is some cross-over into Youth Justice, Community Safety and Domestic Abuse and Violence Against Women and Girls. The Chair of the 0-19 Strategic Board will produce an annual report on activity of the 0-19 Early Help Strategic Board and progress against the 0-19 Child and Family Early Help Strategy, this report is shared with the Barnet Safeguarding Children Partnership, Performance Quality and Assurance (PQA) group and the Children, Education and Safeguarding Committee. The governance arrangements are set out below



# Early Help Hub Locations and Contact Details

# **West Hub**

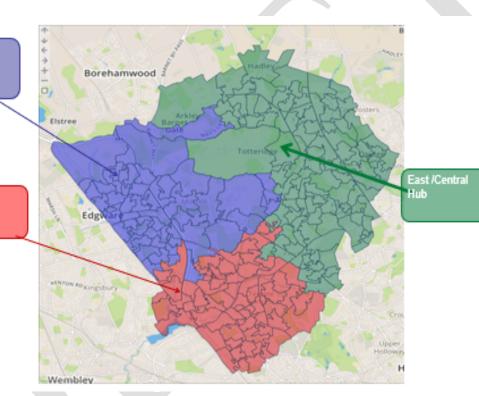
Covers the postcodes of: HA8, part of NW7, part of NW9

West Hub

South Hub

Main Hub office:

Barnet and Southgate College- Colindale, 7 Bristol Avenue (formerly Lanacre Avenue) London NW9 4BR, Telephone 020 8359 3510



# **East/Central Hub**

Covers the postcodes of: N2, parts of N3, parts of N10, N11, N12 parts of N14, EN4 and EN5.

# **Main Hub**

office: Newstead Children's Centre, 1 Fallows Close (off Tarling Road), Finchley, N2 8LG, Telephone: 020 8359 3460.

# **South Hub**

Covers the postcodes of: part of NW2, NW3, part of NW4, part of NW11, part of NW9, part of N3

Main Hub office: Parkfield Children's Centre, 44 Park Road, Hendon, NW4 3PS,

Telephone: 020 8359 3590

A full list of all of the libraries in Barnet and their contact details can be found here

# **Barnet Children's Partnership Board Report**

Title: Draft Children and Young People's Plan 2023 - 2027

AGENDA ITEM 7

Meeting Date: 2 March 2023

Author: Lee Robinson

Service/ Dept.: Children's Service

Report to be Presented By: Lee Robinson

# 1. Summary

The draft summary plan outlines the ambition, direction and goals in supporting children and young people in the coming years. The vision is for a family friendly borough where young people and their families excel and enjoy living.

The Plan is focused around four key themes aimed at delivering the best outcomes for children and young people in Barnet.

Theme 1: Family and Belonging

Theme 2: Safe and Secure

Theme 3: Health & Wellbeing

Theme 4: Education and Skills

# 2. Updates since last BCPB None.

### 3. Impact

Equalities and Diversity

The ongoing cost of living crisis has impacted children and young people in Barnet. Significant concerns remain about how it will affect children in the short term and long term.

Corporate Parenting

It is acknowledged that the Council's role as corporate parent supports children and young people residing under its care.

# 4. Consultation and Engagement

Information was sought and provided by children, young people, young carers, parent carers and service partners.

# 5. Conclusion and Recommendations

The Children's Partnership Board is asked to note and comment on the report.

# 6. Background Papers

None.

# Children and Young People's Plan 2023-2027

# **November 2022**

Author	Lee Robinson/Ben Thomas	
Directorate/Director	Ben Thomas/Chris Munday	
Responsible Committee	Children, Education & Safeguarding Committee	
EqIA Date		
Review Date		



# **Table of Contents**

- 1. Young People's statement
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- 8. What we are focusing on
- 9. Monitoring and governance

# **Appendices**



# 1. Young People's Statement - (To be added)

2. Foreword – (To be added)

## 3. Introduction

The Children and Young People's Plan 2023 – 2027 sets out our ambition, direction and goals in supporting children and young people in the coming years. It outlines the priorities, needs and aspirations of our local population with the intention of making Barnet an even more family-friendly place to live. We have developed this plan with children and young people who have been at the heart of its development from the start. Opinions and views have been taken from a range of young people forums including Barnet Youth Board, Barnet Youth Assembly, Barnet On Point and Barnet Young Carers, as well as parents, professionals and volunteers who support them.

Families are struggling with the impact of the cost-of-living crisis in the wake of the COVID-19 pandemic that starkly exposed deep existing inequalities in society and the interconnections between them such as race, gender and disability, but it also showed what is possible when communities come together to provide support. We want to create a future that is family-friendly, where a collaborative partnership and community can work together to improve health and wellbeing, reduce poverty and tackle inequalities so that all children and young people achieve great outcomes.



This plan covers a wide range of organisations that are committed to making children's lives better. Our Children and Young People's Partnership board brings together representatives from different agencies across the borough who work with children, young people and their families. These include

- the North Central London Integrated Care Board (NCL ICB) and its providers and commissioners (NHS)
- the Barnet Voluntary, Community, Faith and Social Enterprise (VCFSE) sector
- the London Borough of Barnet
- the Metropolitan Police
- Barnet Education and Learning Service (BELS)
- Barnet Schools and settings
- Barnet Parent Carer Forum

Important issues that affect children, young people and their families are discussed by the Board and solutions sought. As a partnership we act to drive forward change that will deliver better outcomes for children, young people and their families in Barnet.

We have achieved a lot through the previous Children and Young People's Plan 2019-2023 and our regular Youth Perception Survey (YPS) results have reflected these improvements. However, it is clear that there are still specific areas to address and that there are still specific groups of young people that do not feel as positively about Barnet. Our focus remains to ensure that all children and young people across Barnet feel positive whether they are disabled children, young carers, looked after children, unaccompanied asylum-seeking children or children of families moving into Barnet.

There have been many changes to the children's landscape since 2019 - both challenging and complex. Earlier this year an Independent Review of Children's Social Care found the current system often weakens rather than strengthens a child's support networks, depriving them of long-term loving relationships. The recent publication of <u>Josh MacAlister's review</u> of social services discovered they are overly focused on "investigating" families struggling to care for their children rather than providing support to help them through their difficulties. The report identified a series of recommendations to improve the system which we will be taking forward.

At the end of March 2022, the government published its long-awaited <u>SEND review</u>. It was commissioned to improve an inconsistent, bureaucratic, and complicated system which often means delays in children accessing the right support for their needs. The SEND Review green paper sets out the proposals for the future of the special educational needs and disabilities (SEND) and alternative provision



(AP) systems. It highlights the need for a system that offers children and young people the opportunity to thrive, with access to the right support, in the right place, and at the right time, so they can fulfil their potential and lead happy, healthy and productive adult lives.

We as a partnership have worked with children and young people to develop this latest version of our Plan. It sets out our ambition for the coming few years and provides a strategic partnership framework with a commitment to work in a joined-up approach to achieve our key outcomes.

#### 4. Vision

Our vision is for children and young people in Barnet to have the best start in life and the right support, when they need it, to live their lives successfully into adulthood. We want Barnet to be the best place in London to raise a child and for all children to thrive, be healthy and achieve their potential – socially, emotionally, and academically. Our aim is to make Barnet the most Family Friendly borough, where children, young people and their families are safe, healthy, resilient, knowledgeable, responsible, informed and listened to. We know that family has a huge impact on children's lives, wellbeing and chances of success.

We will achieve this by delivering universal services that are accessible, offer support to enable families to thrive and build on their strengths and resilience, recognising these as important protective factors. We have excellent schools achieving some of the best results in the country and our aim is for every school in Barnet to be good or outstanding. Tackling the gap by fighting inequalities will be a key driver in all that we do. We will also deliver high quality targeted and specialist services for our most vulnerable children and young people working together with our partners and strengthening our commitment to work together to secure the delivery of efficient, high quality and best value services.

Key to all of this is our focus on resilience - we want children, young people and their families to have the ability to bounce back from stress and hardship. To take on new challenges, which lead to better outcomes. Our aspiration for a Family Friendly borough is:

"Resilient children thriving in resilient families living in resilient communities"



To help us deliver the family-friendly vision, we want the children, young people and families that live here and use our services to tell us how well we are doing, what we need to do differently and help us make the changes that children and young people want to see.

'My Say Matters' is what we have called our Child Participation and Family Involvement Strategy. It sets out the way we are going to work to involve children and young people so they can tell us what they think, help us make decisions, design and shape our services. We want to include children and young people of different ages, and up to 25 years, and parents for younger children, from different backgrounds and experiences so we can make sure that we get lots of different views and ideas. We want to include children and young people with SEND so that their views are central to what we do.

Co-production will continue to be central to our work and we will build on the strengths of the Parent Carer Forum and the Parent Champions in co-producing services for children and young people with SEND.

#### **Family Friendly Index**

To assess whether we are delivering on our vision for a family friendly borough, we have developed a family friendly index, which sets out a range of aspirations for children and young people. These will be looked at annually to see if progress is being made against our vision for a family friendly borough. The aspirations are:

- 1. Children and young people feel that Barnet is a family friendly place to live
- 2. There is a strong social care service that builds resilience
- 3. Children and young people are involved in decision making
- 4. There are low figures of crime involving children and young people
- 5. All schools are good or outstanding and children get good educational outcomes
- 6. There are good outcomes for children with SEND
- 7. Health outcomes for children and young people are good
- 8. There are low rates of children and young people living in temporary accommodation or unsuitable housing
- 9. Families are able to access the benefits and financial assistance that they need

#### What is different about this plan



We want all children and young people but especially those who are most vulnerable, to have access to a good education and to lead safe, happy and healthy lives. They have told us what's important to them and we have listened. Achieving the desired outcomes is not straightforward but as partners we have chosen to adopt four key drivers than underpin delivery of the Plan based on feedback.

• Great Partnerships: Participation & co-production - Means that children, young people, parents and carers can discuss and co-decide on all matters that affect them, like family, school, community matters, local government policies & legal policies. It means that their voices are being heard.

"Seeing young people not only as beneficiaries but also as partners" (YP age 18)
"Children and young people as equal and valued stakeholders in all processes" (age 15)

• **Inclusion** – We want to ensure that whatever benefits and opportunities there are in Barnet must be afforded to all. We want to make sure those with a perceived difference overcome barriers to participate in the community in accessing many things that others take for granted. This can include those with a disability as well as families migrating to Barnet. "Access to a good school and education" (YP age 12)

"Quality and inclusive and accessible education, that students with any additional needs are supported to learn and not held back due to needing additional support" (YP age 13)

Great outcomes: Tackling the gap and fighting inequalities –We aim to ensure that all residents have an equal
opportunity to access quality services, at the right time and based on their needs. We are bringing together services to
discuss and jointly challenge each other to address inequality, including health inequalities and drive forward better
outcomes.

"Seeking help and understanding what's wrong and when to get help" (YP age 11)
"Having people to talk to about your wellbeing and adults/ friends/ family that you can trust" (YP age 15)

• Children and young people having fun - play is an essential right of childhood which stimulates brain development. For all young people it's the fun part that balances the stressful times. It's where important social skills are gained and healthy social development is learned through expression. It is our aim for Barnet to be place to live and enjoy being a part of, where there are opportunities to participate in sport, leisure and arts and cultural activities, as well as gain employment and build careers.

"Having access to outdoor space where young people feel safe" (YP age 11)



## 5. About Barnet

#### \*\*INFOGRAPHIC CAPTURING DATA BELOW TO FOLLOW\*\*

#### General

- 28% of the borough is green with over 200 parks and greenspaces
- 14 libraries and a digital library service centres
- 5 leisure centres
- 1,075 charities
- 149 private, voluntary and independent (PVI) early years establishments in Barnet and 148 registered childminders (January 2022)
- 4 nursery schools
- 90 primary schools
- 3 all through schools
- 25 secondary schools
- 6 special schools
- 2 pupil referral units/hospital schools
- 36 independent schools
- 47 Colleges
- 3 Early Help hubs that include a range of children centres

#### Our population



- Almost 390,000 according to the 2021 census. Around 25%, nearly 97,000 is under the age of 19 which has increased by almost 7% since the 2011 census and is expected to continue to grow into the next decade.
- Life expectancy at birth (2017-2019) Boys 82.9: 80.9: 79.8, Girls 86.0: 84.7: 83.4 (Barnet: London: England). Higher than England average. (JSNA)
- The BME population in Barnet is 40.3%, and 182 languages other than English are spoken as a first language in our primary schools.
- We have an employment rate of 76.8.4%, higher than the London average, and the average salary is £37.7k, with Jobseekers Allowance claimants lower than the London average of 8%, at 7.1% of the population.
- Barnet has been home to four asylum seeker contingency hotels since 2020, housing 999 people, with the population as of 13 May 2022 standing at 888 people. Of these, 104 are aged under 18, with one hotel accommodating 32 children under five years old.
- The borough has also welcomed British Overseas Nationals from Hong Kong and more recently refugees from Ukraine via the Homes for Ukraine scheme, with 132 visas issued in Barnet as at April 2022.

#### The children and young people we work with

- At the time of writing, we have 1788 open Early Help Assessments, 365 children on Child in Need Plans and 238 children on Child Protection Plans. There are 323 children looked after, of which 20% are Unaccompanied Asylum-Seeking Children (UASCs), and 320 care leavers, of which 40% are former UASC.
- The percentage of children at secondary school in receipt of free school meals is in line with the national average of 13.1%, in nursery and primary the percentage of Barnet children is higher at 16.7% against 14.5% nationally.
- There are fewer children in out of work households, 9.3%, than the national average of 14%, and there are fewer children in low-income families in Barnet at 13.5% against the national average of 16.8%.
- 52% of children and young people in Barnet are from black and minority ethnic groups, compared with 30% across England, and 52% of primary and 38.2% of secondary school pupils speak English as an additional language.
- In 2020/21, 12.6% of under 16s in Barnet were living in relative low-income families (London 16.6%, England 18.5%). For the same period, 10.3% of under 16s in Barnet were living in absolute low-income families (London 13.8%, England 15.1%).

#### Our children's health

• An estimated quarter (24.5%) of Barnet's children have visibly decayed teeth by age five (Oral health - GOV.UK (www.gov.uk)



- In 2021/22, 10.7% of Barnet Reception children were overweight and a further 9% were living with obesity. In Barnet Year 6 children, 15.3% were overweight and a further 20.4% were living with obesity (NCMP 2021/22)
- In 2020, 2.61% of Barnet school pupils were identified as having social, emotional and mental health needs, marginally higher than the overall rate for London (2.4%) and lower than for England (2.7%) (JSNA)
- The rate of child inpatient admissions for mental health conditions in Barnet in 2020/21 was 68.7 per 100,000, which is lower than England as a whole, but higher than the regional average (JSNA)
- Only 20% of young people in Barnet eat the recommended 5 or more portions of fruit and vegetables each day (Barnet Young Peolpe Survey 2022).
- The proportion of 15 years olds in Barnet who are regular smokers is 2.6% (5.4% nationally) (Local Health Small Area Public Health Data Data OHID (phe.org.uk)

#### Our schooling

- Barnet has 130 schools serving 62,282 pupils (May 2022)
- Over 97% of Barnet pupils are at schools which were graded good or better at their last Ofsted inspection.
- 18.8% of the Barnet school population are entitled to Free School Meals (January 2022)
- 10.6% of school pupils in Barnet are identified as requiring SEN Support compared to 12.6% in England and 11.7% in London
- There were 3.6% of children and young people with Education, Care and Health Plans (EHCPs), in Barnet compared to 4% in England and 4.1% in London
- Ethnic breakdown of the school population is as follows (groups higher than 1%):

0	White British	28.8%
0	Any Other White Background	21.5%
0	Any Other Ethnic Group	10.5%
0	African	8.4%
0	Indian	5.6%
0	Any Other Asian Background	4.8%
0	Any Other Mixed Background	4.0%
0	Pakistani	1.8%
0	OHID)White and Asian	1.8%
0	White and Black African	1.7%



0	White and Black Caribbean	1.6%
0	Caribbean 1.4% Chinese	1.3%
0	Any Other Black Background	1.1%
0	White Irish	1.0%

# 6. Developments and progress since 2019

The past four years have seen significant progress and achievements in the support provided to children and young people in Barnet. Educational development and achievement have improved consistently in recent years in the borough. Over 97% of Barnet schools are good or outstanding and Barnet is now in the top 10% for many measures of achievement in schools and the top 5% for many of the measures.

Our Social Care, Special Educational Needs and/or Disabilities and Youth Justice Services have been subject to inspection by Ofsed and HM Probation Inspection, and judged to be making good progress with areas of improvement identified. Figures for our looked after children remain low when compared to the rest of London and we continue to put in place measures that divert children and young people away from entering the care system where possible. However, once in the care system we work to ensure they are well supported to have the best outcomes.

Concerns around crime, violence and exploitation are subject to a vigorous and joined up approach with partners working to ensure the most vulnerable are protected. In March 2022, the Domestic Abuse and Violence Against Women and Girls Strategy was launched. This strategy sets out our vision to see Barnet become a borough where everyone is free of domestic abuse and women and girls are safe from violence.

A multi-agency coordinated response has been developed to tackle increasing levels of mental and emotional well-being concerns for children and young people. The Barnet Children and Young People's Mental Health and Wellbeing Board has been established, which focuses on strengthening support to children and young people experiencing problems.

Health and wellbeing of children and young people continue to be strengthened through preventative and resilience building programmes. Collaborative approaches enable whole system support for healthy diets, physical activity, sexual health, and emotional wellbeing -



creating health promoting environments and communities and empowering young people to make healthier choices now and into adulthood.

Our progress in achieving our vision of a family friendly borough is monitored and rated through a range of data and intelligence relating to changes over recent years that includes views of children and young people as well as social care, health, education, housing and crime data.

#### \*\*INFOGRAPHIC CAPTURING DATA BELOW TO FOLLOW\*\*

1. Children and young people feel that Barnet is a family friendly place to live (DESIGN - NO TREND)

2016	2017	2019/20	2021/22
81%	84%	84%	89%

Source: YPS Survey

2. There is a strong social care service that builds resilience (DESIGN - GRAPHS/TRENDS)

Children in Care/Care		2018/2019	2019/2020	2021/2022	2022/2023
Leavers Numbers at	Barnet	649	684	695	638
Year End 2016 to	Outer London	556	555	575	
Present	England				

Unaccompanied		2018/2019	2019/2020	2020/2021	2021/2022	2022/2023
Asylum-Seeking	Barnet	60	63	72	68	52



Children Numbers at Year End 2016 to	Outer London	58	56	40	47	
Present	England					

Rate of Children in		2018/2019	2019/2020	2020/2021	2021/2022	2022/2023
Need per 10000	Barnet	207.8	214.3	203.3	208.9	237.9
children aged 0-17	London					
	England					

Rate of Child Protection		2018/2019	2019/2020	2020/2021	2021/2022	2022/2023
Plan per 10000 children	Barnet	17.3	16.4	16.6	22.6	30.7
aged 0-17	London					
	England					

Rate of Children		2018/2019	2019/2020	2020/2021	2021/2022	2022/2023
Looked After per	Barnet	34.7	31.9	33.6	34.7	32.8
10000 children	London					
	England					

## 3. Children and young people are involved in decision making (DESIGN - NO TREND)

2016	2017	2019/20	2021/22
46%	57%	60%	70%

Source: YPS Survey

# 4. There are low figures of crime involving children and young people

Serious Youth Violence measures (Data set to follow)



#### Concerns about crime

2016	2017	2019/20	2021/22
40%	53%	56%	41%

Source: YPS Survey

## 5. All schools are good or outstanding and children get good educational outcomes

Percentage of outstanding schools (data set to follow) (DESIGN - NO TREND)

Barnet	Outstanding	Good	Requires
			improvement
	31%	65%	4%
	40	84	6

Progress 8 measures (data set to follow) (DESIGN - GRAPHS/TRENDS)

	2018	2019	2020	2021	2022
Barnet	0.57	0.57	=	-	0.49
Average score	+0.10	0.0	-	=	-0.08

<sup>\*</sup>Due to COVID-19, trend reports skip academic years 2019/20 and 2020/21

Reading, Writing and Maths average progress score (data set Key stage 2) (DESIGN - GRAPHS/TRENDS)

Barnet	2018	2019	2020	2021	2022
Reading	1.76 (0.90)	1.8 (1.0)	=	•	1.47 (0.8)



(London average)					
Writing (London average)	0.56 (0.90)	0.62 (0.9)		-	0.78 (1.0)
Maths (London average)	1.83 (1.5)	2.0 (1.4)	-	-	1.9 (1.2)

<sup>\*</sup>Due to COVID-19, trend reports skip academic years 2019/20 and 2020/21

## 6. There are good outcomes for children with SEND

Pupils with SEND outcomes (data set to follow) (DESIGN - GRAPHS/TRENDS)

Barnet	2018	2019	2020	2021	2022
Reading (London average)	0.72 (-0.4)	0.74 (-0.30)	-	-	-0.41 (-1.10)
Writing (London average)	-0.68 (-1.0)	-1.12 (-0.9)		-	-1.09 (-0.8)
Maths (London average)	0.35 (-0.1)	0.6 (-0.2)	-	-	0.06 (-0.6)

<sup>\*</sup>Due to COVID-19, trend reports skip academic years 2019/20 and 2020/21

## 7. Health outcomes for children and young people are good (DESIGN - GRAPHS/TRENDS)

Infant mortality rate		2016-18	2017-2019	2018/2020
(Crude rate per 1,000)	Barnet	2.2	2.7	2.8
	London	3.9	3.9	3.9
	England	3.3	3.4	3.4



Year 6: Prevalence of		2018	2019	2020	2021
Obesity	Barnet	19.3%	20.6%	•	19.9%
	London	20.2%	21.0%	-	23.4%
	England	23.2%	23.7%	-	25.8%

<sup>\*</sup>Due to COVID-19, trend reports skip 2020

Population vaccination		2018	2019	2020	2021
coverage:	Barnet	81.9%	83.4%	82.5%	80.2%
MMR for one dose (2	London	90.3%	90.6%	90.3%	89.2%
years old)	England	83.0%	83.6%	82.4%	79.9%

School pupils with		2018	2019	2020	2021
social, emotional and mental health needs: %	Barnet	2.6%	2.7%	2.6%	2.6%
of school pupils with social, emotional and	London	2.4%	2.5%	2.7%	2.8%
*Only relates to children with SEND	England	2.4%	2.4%	2.5%	2.5%

## 8. There are low rates of children and young people living in temporary accommodation (TA) (DESIGN - GRAPHS/TRENDS)

Number of families in TA at the end of a calendar year (DESIGN - GRAPHS/TRENDS)

2019	2020	2021	2022
1454	1325	1099	1062

Number of children (under 18s) in TA at the end of a calendar year (DESIGN - GRAPHS/TRENDS)



2019	2020	2021	2022
2346	2565	2308	2272

#### 9. Families are able to access the benefits and financial assistance that they need

BACE holiday activities with food programme – (Data set to follow) (NO TREND)

# 7. What young people have said

Children and young people provided us with feedback on the issues that are important to them. We are committed to listening and acting in their best interests. Regular surveys gave responses on what is important to young people. This data has been used alongside a range of engagement sessions with children and young people to drive improvements and develop this revised Children and Young People's Plan.

<u>The Young People's Resident Survey (YPS)</u> is a bi-annual face-to-face survey of Barnet young residents aged 11-18, undertaken by an independent research company. The survey has been undertaken since 2016 which gives indications of trends in young people's views over time. 500 Barnet young people were interviewed between November and March 2022.

The majority of young people feel Barnet (89%) is a family friendly place to live

"It is a safe place which feels secure, it is somewhere that she knows a lot of people and hasn't had a bad experience living in Barnet" (14-15, female, white British, Jewish, Mill Hill Young People Focus Group)

"Very nice locals, great facilities, good schools, good transport links, great opportunities. Affordable housing, low crime rate." (14-15, male, Asian/Asian British, Hindu, High Barnet Young People Focus Group)

Children and young people with a disability are less likely to say they are happy with their local area as a place to live (77%) and say they are satisfied with local services.



"Barnet is inaccessible for wheelchairs and people are not that accommodating – has faced issues getting on and off the bus. ....People don't take young people seriously so young carers feel doubly ignored" (Young carer SEND youth forum member, Young People Focus Group)

"People can be rude [to him] because of his autism which sometimes prevents him from speaking –he now wears a badge so that people in public know about his disability but that hasn't helped much." (Young carer, 16-17, male, SEND youth forum member, Young People Focus Group)

Those who have a disability are more likely to want the council to focus resources on supporting those with long-term health problems or disabilities and those with emotional and mental health problems. Their top priorities are

- Protecting children and young people from harm (52%)
- Supporting those with long-term health problems or disabilities (50%)
- Supporting those with emotional and mental health problems (43%)

Overall young people have said knife crime (51%) remains among their top personal safety concern, but the percentage putting it in their top three concerns is significantly lower than in 2019. Similarly, the level of concern over gangs (35%) is also significantly lower than in the last survey while people taking drugs has also fallen (34%)

"Scary at night –parents base your freedom on the goings on in the area. Next door app –makes us feel less safe – makes us think of the crime in the area more often and influences our parents into reducing our freedom" (16-17, female, White British, Woodhouse)

"Gangs are a problem but they are just out to make money...if you ignore them and keep yourself to yourself they won't bother you" (YP aged 14-15, Black Female, Young People Focus)

".. Drugs problem is not restricted to 'parks and streets. Drugs are normalised, young people don't seem fazed by it and it spreads. Drug talks in school backfire" (SEND youth forum member)

Young people's top priority remains protecting people from crime and antisocial behaviour (41%) followed by protecting young people from harm (38%) as well as supporting people with mental health problems (29%).



"More work is needed to build trust so that people feel comfortable using the support. They advertise services that are not realistically going to be used. Yes, I know Childline exists but I'd never actually call them' (11-13, female, mixed white & black Caribbean" Young People Focus Group)

"You should have people to talk to keep you socially active to not feel too isolated, especially during school transitions." (YP, aged 15 Youth Assembly)

"Bullying and name callings affects young people immensely." (YP aged 14, BOP)

They want access to play opportunities, outside spaces and outdoor learning. They want to be able to safely travel around independently to activities and school using accessible footpaths, cycle-paths and public transport.

"Having access to outdoor space where young people feel safe and school playgrounds not affected by poor air quality if near busy roads." (YP aged 11, Youth Assembly)

"We need to engage more with young people to produce fun activities –sports, skating etc. There needs to be more to do, and young people should be consulted when these activities are being produced." (YP aged 11-13, Young People Focus Groups)

"Have space/ opportunities for families can be together with other families." (YP, aged 13 Youth Assembly)

Our young people have told us that it is really important that the place they live is inclusive in all senses, where all young people are treated fairly regardless of race, ethnicity, sexual orientation, gender, identity or disability. They want to have equality of opportunity and outcome.

"LGBTQ+ children and young people support for them both within their families as well as community and school." (YP, aged 17 Youth Assembly)

"Equal education across areas and demographics, you shouldn't be held back due to going to a school in a more deprived area which may lack resources." (YP aged 15 Youth Assembly)

## 8. What we are doing



There are a wide range of strategies, plans and partnerships that enable us to do our work and they are all inextricably linked and critical to the delivery of our shared vision and objectives set out in this Plan. This Children and Young People Plan will routinely interface with other key plans and strategies affecting children and young people. These include

- Barnet Child Participation & Family Involvement Strategy 2022 2025
- The Barnet Plan tba
- Community Participation Strategy tba
- SEND and Disabilities Strategy 2021 2024
- Education Strategy 2021 2024
- Children & Young People's Mental Health and Wellbeing Strategy 2022 -
- Corporate Parenting Strategy 2021 2023
- Domestic Abuse & Violence Against Women & Girls Strategy 2022 2025
- Vulnerable Adolescents Strategy 2022 2025
- Youth Justice Plan 2022 2024
- 0-19 Early Help Strategy 2023 2026
- Parks and Open Spaces Strategy 2016 2026
- Barnet Joint Health and Wellbeing Strategy 2021-25

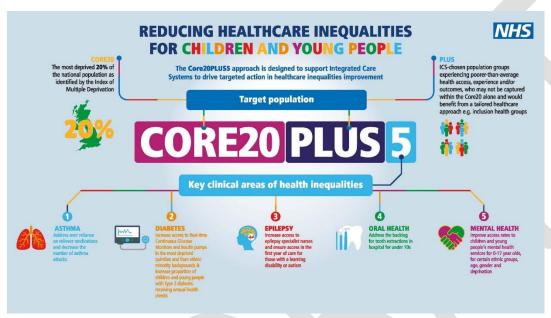
Reducing healthcare inequalities for children and young people is also an integral part of our approach as a partnership. The NHS England Core20PLUS5 approach (shown in the diagram below) is designed to support an integrated care system to drive action in health inequalities improvement.

It is a national approach which focuses on the following populations for children and young people:

- The nationally identified 'Core20', which is the most deprived 20% of the national population as identified by the national Index of Multiple Deprivation (IMD) and the "5" which is the five key clinical areas identified as areas of health inequalities (asthma, diabetes, epilepsy, oral health, and mental health).
- The area specific 'Plus', which are population groups identified within NCL as experiencing poorer-than-average health access, experience and/or outcomes, who may not be captured within Core20 alone and would benefit from a tailored healthcare approach.



As of February 2023, work is ongoing across North Central London (NCL) to identify which population groups will be included within the Plus populations for NCL.



The Partnership has a wide scope of activity and to deliver the outcomes identified, we will work together from now until the next plan by organising ourselves around four key themes resulting from our conversations with children, young people and parent carers as well as our own data and research. The themes are **Family and Belonging**, **Safe and Secure**, **Health and Wellbeing** and **Education and Skills**.



**Family & Belonging -** supporting all our children, including those in care and care experienced young people, to live their lives successfully, to develop a sense of identity, improve wellbeing and to have fun and play

<sup>&</sup>quot;It encourages people to be together and be part of a community that is welcoming" (Female, 13)

Objective	Priority	Service/Partner strategy
Support our children in care and care	Develop mentor support to ensure that it meets the needs of care experienced young people	
experienced young people to live their lives successfully	Recruit more Barnet based foster carers, so that care experienced young people can stay close to their school and other relationships, where that is in their best interest	Barnet Corporate Parenting Strategy
	Support for care experienced young people to have a smooth transition from childhood to adulthood whilst ensuring your health and wellbeing are considered in their wishes on how and where they want to live.	
	VCFSE groups support the capacity building to VCFSE groups that work with CIC	Barnet VCFSE strategy

Support children	Ensure that all children and young people with SEND have their needs identified as	
and young people	soon as possible and receive the right support at the earliest opportunity	
with special	Ensure that children and young people with SEND receive high quality, integrated	
educational needs	and inclusive services through effective and timely decision making across partner	Barnet SEND Strategy
and disabilities to	agencies	Barrier SEND Strategy
achieve well, be	Ensure services are delivered locally and as inclusive and close to home as	
confident	possible so that children and young people with SEND can benefit from community	
individuals, live	integration and support from services in Barnet	
fulfilling lives	Upskill providers within the VCFSE to ensure that services are more inclusive	Barnet VCFSE strategy



<sup>&</sup>quot;Family is when we can be with people who we love and feel safe" (Female,16)

Provide support to young carers in carrying out their roles	Proactive identification of carers and young carers Individualised support so that carers and young carers can maintain their own health and wellbeing Recognising carers and young carers as key partners in care and support and	Barnet Carers & Young Carers Strategy Young Carers
	recognising the important role they play  Ensuring respite care is provided to young carers to enable breaks when they need it	9
	Ensure that the wider VCFSE work in partnership with Barnet Carers where possible to provide the best support pathways for young carers.	Barnet VCFSE strategy

Provide support that	Meeting childcare sufficiency and providing families quality-assured childcare	Barnet Early Help Strategy
encourages and	options	
builds resilience	Provide an inclusive service delivery that supports children with special educational	Barnet SEND strategy
	needs or a disability	
	Ensure all children are supported to access free early years education offer	Barnet Early Help Strategy
	Provide foster carers with therapeutic training to meet the emotional needs of children in their care	Barnet Corporate Parent Strategy
	Our partners in the Police will make engagement with children and young people central in their use of powers in order to build trust	Barnet Metropolitan Police Strategy
	Ensure early help is provided as early in the life of a problem as possible to reduce problems and enable children & families to only tell their stories once.	Barnet Early Help Strategy
	Work with partners and local communities, including hotels who are accommodating refugee families to offer support, advice and guidance	Barnet Early Help Strategy
	Young Barnet Foundation continues to take the lead in helping to develop the VCFSE sector in creating safer, stronger and more connected communities for our young people to thrive	Barnet VCFSE Sector Strategy
	young people to tillive	



Children and young people develop a positive sense of identity	Care experienced young adults to be supported accessing their files and understanding their care journey	Barnet Corporate Parent Strategy
	All care experienced children and young people to have access to life story work and later life letters	Barnet Corporate Parent Strategy
-	Celebrate the diversity of young people in the borough and help them to develop their creativity through involvement in the forthcoming Culture Strategy.	Barnet Growth and Development Strategy
	Develop one of the first accessible and inclusive playgrounds for all ages in the UK.,	Barnet Parks and Open Spaces Strategy
	Support young people to have a stronger sense of self-worth and self-confidence through knowledge and understanding of gender, sexuality and healthy relationships	Barnet Public Health Strategy
	The VCFSE sector will work together to build a strong sense of community and belonging for all our children and young people through local participation/community activity.	Barnet VCFSE Sector Strategy

Enable environments to allow children to	Continue a high quality distinctive local programme to upgrade the borough's park playgrounds and ensure the inclusion of all schools and parks	Barnet Parks and Open Spaces Strategy
have fun, play and explore the world	Explore further funding for the development of local parks and open spaces	Barnet Parks and Open Spaces Strategy
	Develop a play strategy for children and young people in Barnet	Barnet Play Strategy
	All children and young people have access to our range of children centres and	Barnet Early Help Strategy
	positive activities during term times and holiday periods	
	Actively encourage young people's involvement in the development of public art and creative placemaking projects across the borough exploring play and discovery Increasing the variety of play spaces for children and young people, by providing more informal play opportunities in our town centres (e.g. playful interventions, furniture, performance spaces and public art opportunities, safer social spaces to meet, etc.) through a programme of public realm improvement works.	Barnet Growth and Development Strategy



Developing individual town centre play strategies, through a series of Town Centre Public Realm Design Framework documents, to support coordinated delivery of play and youth infrastructure in public spaces across our town centres.  Supporting independent mobility of children and young people across the borough by improving wayfinding and access to walking and cycling routes in our town centres.	
The VCFSE sector will work together to ensure that spaces occupied by children and young people – home, School and community are safe and nurturing.	Barnet VCFSE sector

**Safe & Secure** - ensuring that the most vulnerable are protected, safe and supported to make the best choices and to build trusted relationships

"This is very important to me because it can be scary not to be protected from harm as a young person" (Female, 13)

"A safe place to me is somewhere I don't feel afraid about being there." (Female, 16)

Objective	Priority	Service/Partner
		strategy
Ensuring children	Engaging and inducting a young person representative as a member of the Youth	Barnet Youth Justice
have the space and	Justice Management Board	Plan
opportunity to build	Embedding opportunities for care experienced young people to feedback into	Barnet Corporate
trusted relationships	everyday activities	Parent Strategy
	Care experienced children and young people to know their social worker and be	Barnet Corporate
	supported with regular contact and visits	Parent Strategy



	Strengthening links between home, school and community to ensure that adequate opportunities to build trusted relationships with their peers and trusted adults within schools and the wider community	Barnet VCFSE Sector Strategy
Ensure the most vulnerable are protected	Violence against women and girls is eliminated	Barnet Domestic Abuse & Violence Against Women & Girls Strategy
protected	Prevent children and young people from being exploited and exposed or drawn into violence and crime	Barnet Youth Justice Plan
	Ensure the needs of unaccompanied asylum-seeking children are met through a partnership approach	Barnet Family Services Strategy
	We will support Police to work with partners to reduce the criminal victimisation of those who are most disadvantaged	Barnet Metropolitan Police
	Work together with the Youth Justice Board to make plans to address disproportionality of different groups of young people in the justice system	Barnet Youth Justice Plan
	Ensure that our town centres are welcoming and safe for young people	Barnet Growth and Development Strategy
	Through a home, school, community approach, work with partners to create safer, stronger, more connected communities for our CYP to thrive	Barnet VCFSE Sector Strategy

Children and young people are safe	Work effectively together to ensure children feel safe, are safe and supported at home, in school and in the communities in which they live	Barnet Family Services Strategy
and helped to	Continue reducing the number of First Time Entrants, young people who reoffend	Barnet Youth Justice Plan
make good choices	and young people who are handed down custodial sentences	
	Police will work proactively with communities to reduce violence by building trust	Barnet Metropolitan
		Police Strategy
	Regular reviews with children and young people with their network to support them in	Barnet Family Services
	making good decisions and learning from their decisions	Strategy
	Working with the Police design out crime and Community Safety officers to deliver	Growth and Development
	public space and safety improvements in our town centres	Strategy



	VCFSE to work proactively with CYP, families and Partners to create a safer, stronger, more connected communities where CYP are supported to make better choices.	Barnet VCFSE Sector Strategy
Ensure that there is sufficient placement	To lead the development of a secure children's home provision in London	Barnet Placements Sufficiency Strategy
choice that provides safe and secure homes for our children in care	Work in partnership to deliver the Pan London Pathfinder supported accommodation provision for young people as a positive alternative to custody	Barnet Youth Justice Plan
	Refresh Barnet's Placement Sufficiency Strategy in line with the needs of Barnet Children and develop local placement provision in accordance with needs, best practice and new regulation standards	Barnet Placements Sufficiency Strategy
	Development of solo provision to meet the needs of the most vulnerable young people who are new into care	
	Ongoing recruitment of foster carers and supported lodgings hosts to meet the diverse needs of looked after children and young people	Barnet Corporate Parent Strategy
	Care experienced young adults to be supported in accessing the right accommodation to meet their needs	

Barnet VCFSE Sector

Strategy

**Health & Wellbeing -** supporting our children and young people to adopt healthy lifestyles to prevent avoidable illness and improve their social, physical and mental wellbeing, including through integrated health and social care

"Being a young carer can be mentally draining at times, need encouragement to have a healthy lifestyle" (Female, 13)

VCFSE to signpost community members towards fostering recruitment

"Important taking care of yourself and mental health (Male, age 11)



Objective	Priority	Service/Partner strategy
Improve children's life chances by supporting their	Implementation of the Barnet Food Plan to ensure good quality, healthy and sustainable food for all Barnet families with a strong emphasis on tackling cost of living crisis	Barnet Food Plan Strategy
health and wellbeing from	Conduct air quality audits and implement measures on all schools with high air pollution (as identified by TfL).	Barnet Health & Wellbeing Strategy
very early age and through to their transition into adulthood.	Promote oral health by building on the findings of the oral health needs assessment and developing a collaborative action plan.	Barnet Health & Wellbeing Strategy
	Provide information and education to boys and girls about periods, period poverty and hygiene to help address period stigma	Barnet Health & Wellbeing Strategy
	Continue to support sexual health education and healthy relationships among young people	Barnet Health & Wellbeing Strategy
	Continue to implement whole setting health promoting approaches to achieve and maintain healthy weight	Public Health Strategy
	Ensure that we continue to grow opportunities within the community/VCFSE for CYP to feel that they belong to a safe, strong, connected community	Barnet VCFSE Sector Strategy

Promote good mental and	Barnet Integrated Clinical Services (BICS) to provide a range of interventions to support children and young people's mental health & wellbeing	Barnet Mental Health Strategy
emotional health across all ages and different	Ensure that a universal approach including supporting the Resilient Schools Programme, is delivered to all schools to raise awareness of mental health and reduce stigma.	Barnet Health & Wellbeing Strategy
communities and work together to	Work with partners to improve access to mental health support for CYP	Barnet Health & Wellbeing Strategy
prevent severe	Work with partners to promote parity of access to mental and physical health services for children, young people with mental illnesses or SEND	Barnet Health & Wellbeing Strategy
	Develop and implement a refreshed Barnet Suicide Prevention Strategy	Barnet Health & Wellbeing Strategy



mental illness, substance misuse and suicide	VCFSE to work to ensure that we continue to grow our community offer for early mental health support, (EIP) backed up with increased wellbeing activities	Barnet VCFSE Sector Strategy
Improve choices for physical	Provide information for access to a range of activity programmes including free swimming, junior park run, after school clubs	Barnet Health & Wellbeing Strategy
activities locally for all ages and	Deliver the Fit & Active Barnet (FAB) Framework to focus on wider engagement for physical activity	Barnet Health & Wellbeing Strategy
abilities, and ensure residents know how to access it	Maximise the use of facilities and identify opportunities for co-location and community hubs, widening access to ensure that facilities and open spaces are better used by the communities they serve	Barnet Health & Wellbeing Strategy
Provide integrated care by joining up services across	Commitment to develop a child development centre where children with disabilities and their families can access assessment and a range of services from the same location.	Barnet Integrated Health Strategy
health and social care	Continued development of our existing programme of work based around integration of GP networks with paediatricians enabling closer contact for children and young people.	Barnet Integrated Health Strategy
	Embed collaborative work between borough partners to identify and proactively support children to manage asthma in the school environment	Barnet Integrated Health Strategy

**Education & Skills -** supporting children and young people to reach their educational and academic potential, by closing attainment gaps and reducing exclusion

"Schools should be teaching us more about adult life and how to do things when we leave school" (Female 13)



# "I think education and learning is very important in preparing you for the outside world" (Female, 13)

Objective	Priority	Service/Partner strategy
Improve the	Support children to reach their educational and academic potential	Barnet Education Strategy
educational	Support schools to improve attendance and reduce exclusion	Barnet Education Strategy
progress and	Support children to have their best start in life and be ready for learning	Barnet Education Strategy
outcomes for all	Ensure that robust planning and support is in place to enable all young people to	Barnet Education Strategy
children and young	return to education and training following the disruption of COVID 19	
people	Work collaboratively to embed preparing for adulthood outcomes from an early age	Barnet Education Strategy
	Support CYP to access opportunities within their communities (VCFSE) that will complement their educational and emotional development.	Barnet VCFSE Sector Strategy
	Grow partnerships between education and the VCFSE to address needs within schools	Barnet VCFSE Sector Strategy

Diminish the	Proactively enabling families with young children to access children centres and	Barnet Early Help Strategy
differences in	the free early education entitlement	
attainment and	Working across the partnership to address the impact of the pandemic on the	Barnet Education Strategy
progress between	development of our youngest children and support the transition into school	
the most	Listen, communicate and make decisions with our children in care and care	Barnet Education Strategy
disadvantaged and	experienced young people and ensure educational provision is strong	
vulnerable pupils and	Continue to support schools, settings, children and young people in recovery from	Barnet Education Strategy
their peers	the impact of the pandemic on learning and mental health/well-being	
	Minimise the number of young people who are NEET, by developing the	Barnet Education Strategy
	employability skills and resilience	
	Barnet YJMB will develop a tracker to measure progress against actions to reduce	Barnet Youth Justice Plan
	exclusion of Black boys from education	



	Ensure that we continue to seek to hear the voices of the seldom heard to improve their engagement with the services that need to support them	Barnet VCFSE Sector Strategy
Ensure the provision	Improve outcomes for CYP with special educational needs and disability	Barnet SEND Strategy
of high-quality local placements and	Develop greater confidence, skills and competencies in mainstream schools to meet the needs of children and young people with SEND	Barnet SEND Strategy
support for children and young people with special educational needs and disabilities	Develop skills, knowledge and understanding across the workforce and local area to create supporting environments that promote community integration and independence	Barnet SEND Strategy

Ensure there are sufficient high-quality school places to meet the needs of Barnet children including progress into Higher Education, Apprenticeships or Employment.	Supply of school places are available to satisfy demand	Barnet Education Strategy
	Ensure the provision of high-quality local placements and support for children and young people with special educational needs and disabilities aged from 3 to 25	Barnet SEND strategy
	Increase the number of young people who are engaged in learning and work post 16 and increase supported internship opportunities	Barnet Education Strategy
	Develop further opportunities in education, employment and training for care experienced young people	Barnet Education Strategy
	Increase the opportunities for disadvantaged young people to progress to suitable education, training and employment, including care leavers and young people with special educational needs and disabilities.	Barnet SEND strategy
	Minimise the long-term impact of the Covid-19 pandemic on the attainment, achievement and psychological wellbeing of children and young people with SEND	Barnet SEND strategy
	Work with wider partners to ensure that there are pathways to employment for YP with SEND	Barnet VCFSE sector strategy

Focus on meeting the needs of vulnerable pupils, including those with SEND,	Barnet SEND strategy
children looked after, children in need and children eligible for free school meals.	



Ensure that every school and setting is good or outstanding	Good relationships with schools and settings enabling rigorous monitoring, challenge and support for all schools and settings and the targeted support for schools and settings causing concern.	Barnet School Improvement Strategy
	Strengthen high levels of attainment and progress in all phases	Barnet School Improvement Strategy

# 9. Monitoring and governance

The monitoring of this Plan will be by the Children and Young People's Partnership Board. Regular reports on progress will be presented to the Board for scrutiny, including an annual review of the Family Friendly index. The Partnership will ensure that agreed priorities against objectives are reflected in partnership work to make certain the impact of the Plan is felt by children, young people and their families. Our efforts to implement this plan will be a key priority for the coming years.

## **Appendices**

There has been a range of engagement across Barnet at different stages of development that helped shaped this plan. This included conducting a series of face-to-face consultations with children and young people as well as input taken from a range of surveys capturing their views and talking with partners. From this, we have agreed new principles and priorities through and around which we will work to deliver our agreed outcomes.

#### Young people engagement

- Barnet Youth board
- Youth Parliament



- Barnet Youth Assembly
- Barnet Youth Ambassadors
- Barnet Inclusive Next Generation (BING) SEND Youth voice forum
- Barnet On Point (BOP) Children in Care youth voice forum
- Barnet Young Carers Group

#### Young People's views

- Young People's Survey
- Young People's Focus Groups
- Children in Care Survey Your Life, Your Care Barnet
- Care Leavers Survey Your Life Beyond Care Barnet

#### Services and Partner engagement

- Mental Health
- Public Health
- Barnet Education and Learning Service
- Post 16/NEET
- Libraries
- Housing
- Food Security
- Green Spaces & Leisure
- Growth & Development
- Housing
- Barnet Parent Carers Forum

- NHS North Central London Integrated Care Board (NCL ICB)
- Metropolitan Police Barnet
- Voluntary Sector
- SEND & Inclusion
- Business, employment, skills & training
- Employment
- Corporate Parenting
- Early Years/Resilience/Troubled Families
- Members
- Community Safety



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# **Barnet Children's Partnership Board Report**

Title: Carers and Young Carers Strategy 2023-2028

**AGENDA ITEM 8** 

Meeting Date: 2.3.2023

Author: Joanna Rider

Service/ Dept.: Family Services Commissioning

Report to be Presented By: Karen Pearson/ Soriyah Carnegie

#### 1. Summary

Supporting carers and young carers is a priority for the Council and the NHS, and supporting unpaid carers is one of the objectives included in the Council's manifesto. This strategy supports the Barnet Joint Health and Wellbeing Strategy, Barnet's Children and Young People's Plan and Child and Family Early Help Strategy, and the Adult Social Care Reform priorities for unpaid carers.

This strategy will help the Council and partners to carry out its duties to support carers in their caring role. This includes helping to prevent young carers from carrying out inappropriate caring and ensuring that carers of all ages can achieve desired outcomes. Delivering upon the strategy priorities will require close working between partners, carers and the wider community.

The strategy will be supported by an action to translate outcomes into delivery to make a real and lasting difference to the lives of carers of all ages.

#### 2. Updates since last BCPB

N/A This is the first time this strategy has been presented to BCPB

#### 3. Impact

Equalities and Diversity

The preparation of this strategy and action plan includes detailed analysis and review of carers and young carers to identify underrepresented groups to enable focused action planning in accordance with need.

#### Corporate Parenting

This the strategy is relevant for carers of all ages. Whilst the strategy may be relevant for some children in care or care leavers, this cohort is not the core focus.

#### 4. Consultation and Engagement

This strategy, including priorities and the outcomes identified have been developed with young carers and adult carers across the borough. The strategy represents the first step and we are committed to working together to co-design the carers action plan and its implementation to reflect the specific actions needed.

Over 300 carers have contributed and supported development to date via a combination of focus groups, online surveys and consultation on the draft strategy.

- Online surveys were sent to carers and young carers and shared via Engage Barnet. 54 young carers responded to the young carers survey.
- Six focus group discussions were held this Autumn by Barnet Carers
  Centre in person and remotely. Focus group sessions were held with
  young carers, young adult carers, parent carers and adults carers
  including dementia carers.
- A further focus group was held with 9 young carers in December to review and develop strategy outcomes and priorities.
- The draft strategy has been out for public consultation on Engage Barnet in February.
- The final strategy will be shared with partners prior to sign off via the Adults and Safeguarding Board and the Children's, Education and Safeguarding Committee in March.

#### 5. Conclusion and Recommendations

We welcome comments on the plan and further input and engagement to develop the action plan in partnership.

#### 6. Background Papers

Draft Carers and Young Carers Strategy 2023-2028





London Borough of Barnet

# Carers and Young Carers Strategy

2023 - 2028

YOUR CARE,
YOUR CHOICE.



Directorate	Communities, Adults and
	Health
	Family Services
Approvers	Adults and Safeguarding
	Committee,
	Health and Wellbeing Board,
	Children Education
	Safeguarding Committee
Approval Date	
Review Date	



## Foreword

Foreword to be added prior to publication.





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## 1. Introduction

A Carer is a person over the age of five who provides unpaid care and support to a parent, partner, child, relative, friend, or neighbour who is unable to manage on their own because of a disability or impairment, poor health, frailty, or use of drugs or alcohol. This includes:

- Adult carers: an adult aged 18 and over who is caring for another adult such as a spouse, parent, partner, friend, neighbour, relative or adult child.
- Parent Carers: A parent or guardian who provides care to their child (of any age) to a degree greater than would be normally expected in a parenting role.
- Carers of multiple people: Those who care for more than one person, and include different generations
- Young Carers: A person under 18 who provides or intends to provide care for another person (of any age, except where that care is provided for payment, pursuant to a contract or as voluntary work).
- Young Adult Carers: An adult aged between 18 and 25 who is caring for another adult or child.

The framework for how we intend to support carers of all ages in our borough is outlined in this strategy, which is a declaration of our commitment to carers and young carers in Barnet.

Supporting carers and young carers has been defined as a priority for the council and the NHS, and supporting unpaid carers is one of the objectives included in the council's manifesto. This strategy supports the Barnet Joint Health and Wellbeing Strategy, Barnet's Children and Young People's Plan and Child and Family Early Help Strategy, and the Adult Social Care Reform priorities for unpaid carers. It has been developed with the direct involvement of over 300 Barnet Carers through the co-production and engagement work led by our commissioned provider, Barnet Carers Centre, and in partnership with colleagues across the Council, Health, and the voluntary sector.

This strategy will help the council to carry out its duties to support carers in their caring role. This includes helping to prevent young carers from carrying out inappropriate caring and ensuring that carers of all ages can achieve the outcomes that they desire. Enabling carers helps to support and promote the independence of people with care and support needs. This means considering the needs of carers at various times in their caring role, such as providing support early on, support to maintain care, and support at the end of a caring role or, when moving from Family Services to Adult Social Care. By working closely across the Council and with the wider community we aim to achieve the outcomes defined within this strategy.

The next step is to translate this strategy into action so that it makes a real and lasting difference to the lives of carers of all ages.



## Scope of this strategy

This strategy will:

- set out to carers how we will support them in carrying out their caring role
- set out to young carers how we will support them and help to prevent them from carrying out caring activities that aren't appropriate for them as young people, sometimes called inappropriate caring
- set in motion a governance structure and action plan for all organisations to work together to support carers and young carers within Barnet

# 2. Context

The caring relationship can be rewarding but it can also be challenging with some carers experiencing stress, social isolation, financial hardship, ill health, and minimal time for themselves. Building resilience in carers relies on having informal and local support and knowing where to access help when needed.

The Care Act 2014 put into place a consolidated legal framework for carers and means that carers are recognised in law in the same way as those that they care for. The Children and Families Act 2014 introduced a 'whole family' approach to assessment and support. Local authorities must offer an assessment where it appears that a child is involved in providing care<sup>1</sup>. This legislation is aligned with similar provision in the Care Act 2014<sup>2</sup> requiring local authorities to consider the needs of young carers if, during the assessment of an adult with care needs, or of an adult carer, it appears that a child is providing, or intends to provide, care. Both the Care Act and the Children and Families Act were designed to complement each other and promote a "whole family approach" and joined up working where needed, which avoids the need for multiple assessments. The legislation stresses the importance, of considering the outcomes that everyone may be seeking.

In Barnet, young carers assessments are undertaken via an Early Help Assessment. Assessments must consider whether the care being provided by a child is excessive or inappropriate; and how the child's caring responsibilities affects their wellbeing, education, and development. A local authority should consider how supporting the adult with needs for care and support can prevent the young carer from undertaking excessive or inappropriate care and support responsibilities.

This strategy builds on the previous Barnet Carers Strategy Action Plan 2015-20 and supports achieving the outcomes set within the Joint Health and Wellbeing Strategy 2021 – 2025, the Children and Young People's Plan 2023-2027 and the Child and Family Early Help Strategy 2023-2027. In addition to local documents, this strategy has been shaped by the Adult Social Care Reform White Paper, which identifies unpaid carers as a priority area, the National Carers Action Plan (2018-2020), NHS Long Term Plan (2019), and takes into account key legislation, as outlined above.



<sup>&</sup>lt;sup>1</sup> Children Act 1989: section 17ZA 1(a) [inserted by section 96 Children and Families Act 2014]

<sup>&</sup>lt;sup>2</sup> Care Act 2014: section 63(1).

### Carers in Barnet

The 2021 Census advises that Barnet has 28,808 Carers, which makes up 7.9% of total Barnet population.<sup>3</sup> This is a reduction from the 2011 census, which reported 32,256 Carers (9% of total population in 2011).

Further information around carer population is collected from our commissioner provider, Barnet Carers Centre, who report 3,703 Adults Carers, and 787 Young Carers known to them.

Although the Census provides useful information, it is widely acknowledged, both nationally and locally, that it is likely to underreport the number of carers, as many carers view their caring responsibilities as part of another role, such as that of a parent, partner, child, relative or friend. It is clear we need to identify and support carers earlier before there is a risk of carer breakdown, or carers are no longer able to care.

The Covid 19 pandemic has adversely impacted many carers and young carers in our communities. The Council recognizes the importance of working closely with its partners and the community and voluntary sector in responding to the needs of carers and young carers to ensure that we are appropriately supporting carers and young carers in our communities to maintain their health and wellbeing and achieve the outcomes that they desire.

Recognising the demographic changes in Barnet, we acknowledge the need to ensure that support and services are accessible to, and appropriate for, the diverse group of people who are carers. Some of the key demographic considerations that inform our action plan are as follows:

- We have an aging Carer population that presents with a myriad of physical health needs.
- The Covid 19 pandemic and the subsequent economic crisis has adversely impacted many carers and young carers in our communities, and there is a greater need around moderate to severe mental health challenges.
- Carers have long had concerns about their own mental health and the mental health of the people they care for. In a recent survey 46% of carers cited their mental health in their top 2 concerns for 2023. Almost 80% of those responding to the survey placed the mental health of the person they care for in their top 2 concerns for 2023.
- According to the latest census findings, proportionately more of Barnet's residents are now
  children and young people or older adults compared to 2011. The numbers of older adults in
  Barnet will continue to increase, putting increasing demand on adult social care and creating
  more caring roles.
- Barnet has the highest recorded prevalence of dementia across North Central London and as of 2020 has the largest population of all London boroughs.
- There has been a 9.3% decrease over the past 10 years of residents identifying as white although this group still represents over half of Barnet's population followed by those identifying as Asian representing 19.3% of Barnet's population. The ethnic group showing the highest level of growth over the last 10 years has been those who identify as Other Ethnic Groups now representing 9.8% of the population.
- Over a third of Barnet's population self-reported as Christian with those reporting as having no religion being the next most common consisting of 20.2% of Barnet's population. Overall, 14.5% of



<sup>&</sup>lt;sup>3</sup> Unpaid care, England and Wales - Office for National Statistics (ons.gov.uk)

- Barnet's population self-reported as Jewish, however the Jewish population in Barnet represents 39% of London's Jewish population.
- The latest census finding has reported that Barnet has a growing number of migrants settling in the borough and staying for the longer term.

# 3. We listen

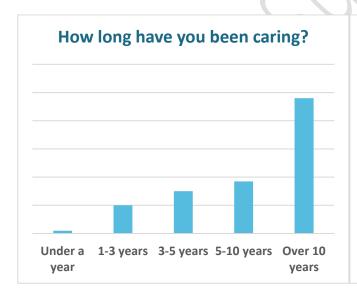
Barnet Council, and its key partners across health and social care, are committed to empowering carers to share their views and to work in partnership in the shaping and delivery of services.

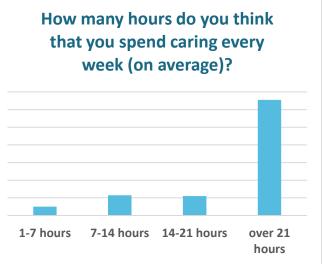
This strategy, the priorities and the outcomes identified have been codesigned with young and adult carers across the borough. Over 300 carers have been engaged via a combination of focus groups and online surveys. Six focus group discussions were delivered by Barnet Carers Centre and took place in person and remotely. An online survey was sent to all Adult Carers known to the Barnet Carers Centre; and promoted via the council's engagement and consultation website, Engage Barnet.

Furthermore, this strategy incorporates feedback collected from carers via the Survey of Adult Carers, conducted biannually by local authorities across the country, and makes important considerations of the hardships recorded as faced by carers during the Covid 19 Pandemic.

Some key findings from the engagement activity and feedback collated are as follows:

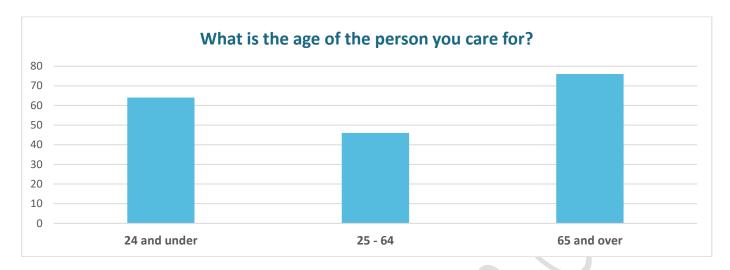
1. A majority of respondents to the survey specific to this strategy have been caring for over 10 years and spend over 21 hours on average in a week in their caring role (Carers Strategy Survey)



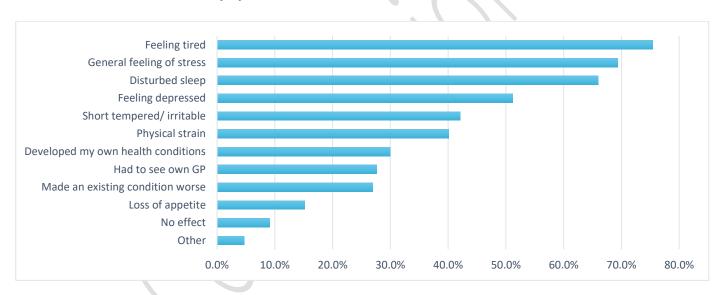




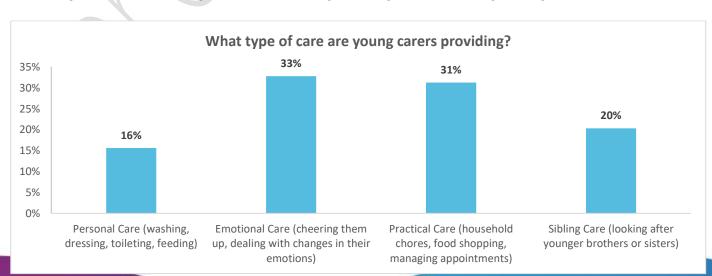
2. <u>Parent carers have emerged as a prominent carers group through recent engagement and co-production discussions (Carers Strategy Survey and Focus Groups)</u>



3. Over two thirds of carers reported that caring caused them general feelings of stress (Survey of Adult Carers, conducted biannually by local authorities)

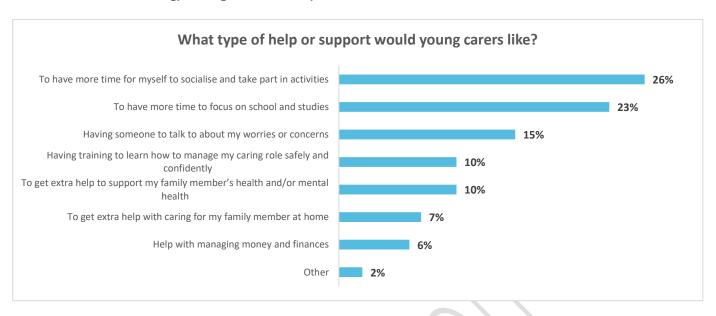


4. Young carers are providing care for a wide range of things (Carers Strategy Young Carers Survey)





5. <u>Young carers need support with a range of things including time to themselves and time to focus on</u> school (Carers Strategy Young Carers Survey)





The engagement and co-production activity has been helpful in collecting a varied range of feedback and recommendations directly from carers. Some of the feedback refers to existing or planned services that may need to be reviewed in order to bring improvements, whereas some feedback highlights the importance of effective communication to address a lack of awareness around existing support offer, and some feedback is helpful in identifying gaps in our services that we intend to address through this strategy and its associated action plan.

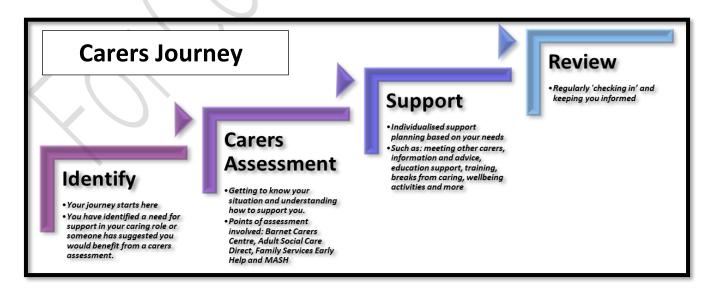
During the engagement and co-production activity, carers advised us that:

- They feel there is a lack of awareness of the role Carers play in supporting the cared for person, by the Health and Social Care system and the wider community.
- They are only identified when they have reached crisis, which means it is too late for preventative support.



- They need more support with transport costs and entitlements such as free bus passes and access to discounted goods, products, and services to enable them to continue supporting themselves and the cared for person.
- They value activities that enable them to have regular breaks from their caring responsibilities to support balancing their caring roles with their own personal lives and interests
- They would benefit from training sessions about the disabilities / conditions of the cared for person and the various Health and Social Care pathways that can be used to access support.
- They have struggled during the pandemic often not being informed when there is a change to the care and support of the cared for person (e.g., plan for the reopening of day opportunities).
- They need regular respite, and they do not know what respite is available and how to access it.
- There is an issue around "inconsistent care" with different paid carers turning up to carry out care, which can be distressing for the cared-for person.
- Young Carers often take on huge amounts of responsibility and need support to balance competing responsibilities and demands. Priorities for young people included pursuing their education and to have time dedicated to their mental health and wellbeing support as well as time for themselves and socialising.
- Timely, accessible, and appropriate support is required to enable sustained improvement in mental health and wellbeing. Many of the young carers we spoke to mentioned difficulties around accessing effective mental health and wellbeing support, specifically citing waiting times or accessibility.
- Young carers raised concerns around the demands of their education, and a sense that not all teaching staff were aware of how their caring responsibilities impact the abilities of young carers to participate and achieve in the same ways as their fellow pupils.
- Young Carers spoke of a need for increased understanding on the part of teaching and pastoral staff around their attainment and school performance relative to their caring responsibilities.
- Some young carers were concerned about finances and young carers were not always aware of the financial support available.

# 4. Existing Offer and Services





Family Services, Adult Social Care and Health are committed to working together to ensure that carers and young carers are identified, offered assessments and supported based on a whole family approach, whichever service they are identified through. This is in order to ensure that carers and young carers receive the support that they need in their caring role.

We actively promote carers using local resources and support networks in the community. For those needing more targeted support, we support them to access statutory support services where this is needed.

Carers Assessments are currently completed by a social care professional employed by the local authority, or by an appropriately trained professional working for Barnet Carers Centre. Associated care and support planning, where decisions are required around access to social care funding, are handed over to the local authority.

GPs are actively encouraged to identify carers when they access primary care services and record this on their care record. GPs are able to signpost to carer support and make onward referrals as needed, as well as making reasonable adjustments to ensure that carers are able to support their cared for in accessing the healthcare services that they need.

Support that is available to carers within the borough includes:

- Information and advice
- Respite vouchers (for use in residential or nursing homes)
- Training including modules on practical support like safe Moving and Handling, supporting those living with dementia, or a mental health diagnosis.
- Service Provision to address the needs identified in the Assessment delivered by a provider arranged by the local authority or funded via a Direct payment (these are cash payments, which can be used to purchase support, which you have been assessed as needing to support you in your caring role)
- Peer support and carer forums
- Counselling
- Working with key partners to provide whole family support where needed (e.g., health and Family Services)

Support offered through the commissioned lead provider, Barnet Carers Centre, includes: -

- Activities
- Information and advice
- Engagement with, and support within, schools
- Leisure pass scheme
- Wellbeing support
- Counselling
- Carer specific training
- Referrals to local agencies and services
- Mentoring
- Educational support to young carers



In addition to the above, other statutory and voluntary sector organisations working across the borough also offer support to carers both formally and informally.

# 5. Delivering Change

The implementation of this strategy will be planned in consideration of good practice principles, to ensure the associated action plan is accessible, co-produced, timely and tailored to deliver meaningful outcomes to carers of all ages.

To deliver the action plan we will work across the council and its partners from social care, health, education, housing, and the voluntary and community sector. We will also develop relationships across the wider community, including employment and business sectors as part of this approach, and will continue to put Carers at the heart of this process through their direct involvement in the Carers Strategy Implementation Board (the Board), which will be set up as a priority action arising from this strategy. The Board will be multi-disciplinary, multi-organisation and include representation from carers of all ages in Barnet.

### **Priorities**

We have coproduced the following 4 priorities to guide our action planning:

- 1. Proactive identification of carers and young carers.
- 2. Individualised support so that carers and young carers can get the support they need and are entitled to.
- 3. Involving carers to shape future services and support offer.
- 4. Raising the profile of carers and young carers.

#### **Outcomes**

The outcomes we will achieve through this strategy include:

- 1. Carers and young carers are identified at the start of their caring journey, and this enables them to access the support they need.
- 2. Carers are supported to fulfil their education, training, and employment potential, and have their own time for positive and recreational activities.
- 3. Young Carers are prevented from having to undertake inappropriate caring and provided with the support they need to learn, develop, thrive, and enjoy a positive childhood.
- 4. Carers are fully aware of resources available to them to help them in their caring role.
- 5. Carers are supported to access, financial information, and advice and as a result feel financially secure and not financially disadvantaged due to their caring role.



- 6. Carers see an improvement in their mental health and wellbeing.
- 7. Young carers feel supported in schools to enable a positive school experience.
- 8. The way we work across the system is informed by insight from carers' lived experience and valuable contribution.
- 9. Carers can actively participate in the care and support planning of the person they care for and are able to advocate for themselves and their loved ones when needed.

#### Review

We have captured feedback from carers about changes to services that they feel are needed and included them directly in this strategy. We recognise that some of these changes may have already been made, or are planned, which indicates that we need to review communication, awareness, and accessibility. Whereas other changes reflect gaps in our local system that we will aim to address. This will all be taken into account in the development of the action plan to implement the strategy.

The dedicated action plan will be implemented to deliver on the priorities and outcomes outlined in this strategy over a two-year period. Oversight will be via a multi-disciplinary, multi-organisation, Carers Strategy Implementation Board. There will be workstreams established, as needed, that will report into the Board. Progress towards the Action Plan will be monitored by the Board and reported to the Barnet Borough Partnership Board, the Health and Wellbeing Board and other boards/committees as requested.

Through the two-year Action Plan, the Board will identify interventions and expect to evidence:

- An increase in the number of new carers who are identified at an early stage in their caring role, with a notable improvement in identifying under-represented groups.
- Carers report a positive experience of working in partnership with Health and Social Care for their benefit and the benefit of the cared for person.
- An increase in the number of Carers who report they are aware of and are able to access appropriate information, advice and guidance in relation to their caring role via the national and local Carers surveys.



## Putting the Community First



# London Borough of Barnet Barnet Children's Partnership Board Forward Work Programme 2022 / 2023

Contact: Allan Siao Ming Witherick (Governance) allan.witherick@barnet.gov.uk

Subject	Decision requested	Report Of	Contributing Officer(s)
9 November 2022			
Business items			
Education Strategies (Schools and Settings Improvement Strategy and SEND and Inclusion Strategy plus an update on the Special Educational Places Plan).	The Board to receive an update report.	Chief Executive and Director of Education and Learning (Neil Marlow)	
My Say Matters	The Board to receive verbal input from young people.		Practice & Learning Manager (Liz Shaw)
Young People's Perception Survey - Focus Groups Feedback	The Board to receive an update report.	Consultation & research Manager (Rosie Evangelou)	
NCL Start Well Programme for Children and Young People	The Board to receive an update report.		Start Well Programme Director (Anna Stewart)
Life Chances Strategy	The Board to receive an update report.	Assistant Director Education, Strategy and Partnerships (Ben Thomas)	Policy, Strategy and Commissioning Advisor (Lee Robinson)
Reference items			
List of abbreviations	The Board to note the list	Chair of the BCP Board	Governance Officer
Forward Work Programme	The Board to note the Programme	Chair of the BCP Board	Governance Officer
14 February 2023			
Business items			
My Say Matters	The Board to receive verbal input from young people.		Practice & Learning Manager (Liz Shaw)
Adolescents At Risk strategy		Tina McElligott	

Subject	Decision requested	Report Of	Contributing Officer(s)
Mental Health Review	The Board to receive an update report.	Interim Director of Aligned Commissioning, ICB (Dan Morgan)	
Deep Dive			
Reference items			
List of abbreviations	The Board to note the list	Chair of the BCP Board	Governance Officer
Forward Work Programme	The Board to note the Programme	Chair of the BCP Board	Governance Officer
27 April 2023			
Business items			
My Say Matters	The Board to receive verbal input from young people.		Practice & Learning Manager (Liz Shaw)
Educational Standards Report	The Board to receive an update report.	Chief Executive and Director of Education and Learning (Neil Marlow)	
Deep Dive			
Reference items			
List of abbreviations	The Board to note the list	Chair of the BCP Board	Governance Officer
Forward Work Programme	The Board to note the Programme	Chair of the BCP Board	Governance Officer

## **Action Tracker**

Meeting	Item	Description	Status
8 February 2022	Barnet Fit & Active Framework	Executive Director Adults and Health to speak to the representatives of the Pupil Referral Unit and how they provide support.	
8 February 2022	Barnet Fit & Active Framework	Executive Director Adults and Health to provide data analysis for use of Leisure Centres by young people to the Assistant Director Education, Strategy and Partnerships.	
8 February 2022	Draft 2022/23 BSCP Business Plan	Barnet Safeguarding Children's Partnership Manager to liaise with the Commissioning Strategy & Policy Advisor to look at how the Barnet Safeguarding Plan would incorporate the Barnet Children's Partnership Boards plan.	
13 July 2022	My Say Matters	Assistant Director Commissioning to look at how the Children's Mental Health and Wellbeing Partnership Board engages with young people.	
13 July 2022	My Say Matters	Practice Standards Manager to put out Instagram post after meeting.	
13 July 2022	Sustainability	Information on the scheme to be circulated to Directors briefings for schools and to the Participation Officer for young people.	
13 July 2022	Sustainability	Report on engagement to come to a future meeting.	

13 July 2022	Young People's Perception Survey	Feedback from Focus Groups run as a result of the Young People's Perception Survey 2021/22 to be given at a future meeting.	9 November 2022 agenda item.

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Acronym	Long title	Description
AVA		
BACE	Barnet Active, Creative Engaging	The council have worked with the young Barnet 10 Foundation to provide the Barnet Active, Creative Engaging (BACE) holidaying scheme which is DfE funded for all free school meal children and vulnerable children to access fun activities with a hot meal, activities include learning about healthy eating and exercise.
BCU	Borough Command Unit (Check)	Policing
BEA	Barnet Equalities Allies	
BECC	Borough Emergency Control Centre	
ВЕНМНТ	Barnet Enfield and Haringey Mental Health Trust	
BELS	Barnet Education & Learning Service	Barnet Education & Learning Service (BELS) is a local authority controlled company which is responsible for providing the Council's Education & Skills service to Barnet schools.
BING	Barnet Inclusive Next Generation	Barnet Inclusive Next Generation (formerly Barnet Development Team Youth) is our SEND Youth Voice Forum.
BOOST	Burnt Oak Opportunity Support Team	Multiagency team with staff from Jobcentre Plus, Barnet Homes, Councils Benefit Service, Education and Skills Team. We are an employment, benefit advice, skills and wellbeing project helping Barnet residents.
BPSI	Barnet Partnership for School Improvement	BPSI is a school improvement traded service to pool funding for training, consultancy and support.
BSPP	Barnet Suicide Prevention Partnership	, , , , ,
BYOD	Bring Your Own Device	Use of personal devices for limited business use.
CAMHS	Children and Adolescent Mental Health Services	
CAW	Case Assistant Worker	Used in a health and wellbeing context.
CDOP	Child Death Overview Panels	Used in a health and wellbeing context.
CEAM	Child exploitation and missing tool	Used in a health and wellbeing context.
CESC	Children, Education & Safeguarding Committee	Barnet Committee
CETR	Care, Education and Treatment Reviews	Used in a health and wellbeing context.
CIL	Community Infrastructure Levy	Planning obligation to raise funds for local infrastructure. Also see S106
CSC		
CWFS	Covid Winter Fund Scheme	
CWP	Children's Wellbeing Practitioners	Used in a health and wellbeing context.
CYP	Children & Young People	
CYPP	Children & Young People's Plan	
DCT	Disabled Children's Team	Used in a health and wellbeing context.
DPR	Delegated Powers Report	Report on a decision made at Officer level.
EHCPS	Education, Health and Care Plans	Used for children with specific needs.
FPC	Financial Performance and Contracts Committee	Barnet Committee

Acronym	Long title	Description
HEP	Health Education Partnership	
HEYL	Healthy Early Years London award programme	Healthy Early Years London (HEYL) is an awards scheme funded by the Mayor of London which supports and recognises achievements in child health, wellbeing and development in early years settings.
HOSC	Health Overview & Scrutiny Committee	(Pronounced Hosk)
HSL	Healthy Schools London award programme	Taking part in Healthy Schools London (HSL), and working successfully through the tiered awards, will enable schools to directly support the health and wellbeing of their pupils and staff.
ICP	(Borough Based) Integrated Care Partnerships	Health reference to joined up services.
ICS	Integrated Care System	Health reference to joined up services delivered by an ICP.
IRIS	Identification and Referral to Improve Safety	
MARAC	Multi Agency Risk Assessment Conference	
MASH	Multi-Agency Safeguarding Hub	
MHFA	Mental Health First Aiders	
MHST	Mental Health Support Teams	
MOPAC	Mayors Office for Policing and Crime	
NCIL	Neighbourhood Community Infrastructure Levy	Planning obligation to raise funds for local infrastructure. Also see S106
NEET	Not in Education, Employment and Training	
NRPF	No Recourse to Public Funds	Asylum/refuge status
P&R	Policy & Resources Committee	Barnet Committee
PRU	Pupil Referral Unit	Specialist educational support unit supporting schools with pupils with additional needs.
PVIs		
RON	Risk of NEET	Educational at risk group.
RRR	Recovery, Reset and Renaissance Project	Recovery, Reset and Renaissance (RRR) Project - part of schools related COVID-19 recovery.
S106	Section 106	Legal agreement for planning obligations in a local area (also see CIL)
SARG	Safeguarding Adolescents at Risk Group	Used in a health and wellbeing context.
SCAN	Service for children and adolescents with neurodevelopmental difficulties	Used in a health and wellbeing context.
SEF	Self-Evaluation	"The Local Area Special Educational Needs and Disabilities (SEND inspection and Self-Evaluation (SEF)" Educational reference.
SEMH	Social, Emotional and Mental Health	Education related.
SENCO	Special Educational Needs Coordinator	Used in a health and wellbeing context.
SEND	Special Educational Needs & Disability	School and educational terms for those with additional support requirements
SEND	Special Educational Needs and Therapy	Used in a health and wellbeing context.
SFSC	,	1 1 1 0 1 0 1 0 1 0 1 0 1 0 1 0 1 0 1 0
SMI		Health reference
STP	Sustainability and Transformation Plan	Health reference

Acronym	Long title	Description
UASC	Unaccompanied Asylum-Seeking Children and Young People	
UASC	Unaccompanied Asylum-Seeking Children and Young People	Used in a health and wellbeing context.
VARP	Vulnerable Adolescents at Risk Panel	Used in a health and wellbeing context.
VAWG	Violence Against Women and Girls	Used in a health and wellbeing context.
YOT	Youth Offending Team	Used in a health and wellbeing context.

